

Sunday 24 March, 10:30am



# THE 40TH HASTINGS HALF MARATHON



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# Message from the President of the Lions Club of Hastings



Who would have thought that from humble beginnings a long time ago we would be now celebrating 40 years of the Hastings Half Marathon. In my third year as President of Hastings Lions club I am again delighted to be involved with this fantastic local event bringing the community together to mark our 40th Anniversary. I would like to acknowledge, recognise and thank the hard work of the many people that have been involved with this event for the past 40 years.



Myself, and my fellow Lions are thrilled to be working again in our second year alongside the Nice Work team, an established race management company, with whom we continue to develop and nurture great working relationships.

Taking this event into its 40th year, we recognise what an important fundraising event this is for all those taking part on behalf of their own personal charities and admire the dedication and tenacity of all the participants in both the half marathon and the mini-run.

Hastings Lions Club makes donations throughout the year to many worthy causes both locally, nationally, and internationally and your generosity and support for this event allows us to continue supporting our local community and beyond. Since March 2023 we have donated nearly £27,000 to many needy local causes and individuals, as well as donating to the national charity Prostate Cancer UK and the International crisis during the earthquake in Morocco.

I would again like to recognise and thank all those who continue to help with this event such as Hastings Borough Council, area marshals, route marshals, scout and youth groups, local businesses and organisations, computer operators and the many other unpaid volunteers, without your support and time this event would not be able to take place.

I would also like to extend my thanks and gratitude to all our sponsors, some who have supported us for many years and continue to do so, and a heart-felt welcome to new sponsors this year. Your support for this event is truly appreciated.

I wish all those participating the very best of luck in achieving your own personal goals and hope that all those watching and supporting the runners on the day enjoy cheering them on and hope that the sun shines!

**Dave Luck**  
**President - Lions Club of Hastings**

# Message from Race Director 2024

**This year we celebrate an enormous milestone with the 40th edition of the prestigious Hastings Half Marathon and it promises to be even bigger and better!**

We have over 3000 runners taking to the pavements of the seaside town of Hastings. So many of you have put in hours and hours of hard work in both training miles and fundraising for so many great causes. We are so excited to see you all on the start line and do let us know if you are celebrating something special and the man on the mic (Andy Knight) will give you a shout out.



Now that race day is almost here, we would like to say a huge thank you to all the hard work of the Hastings Lions and Nice Work organising committee who have been working on all the preparations for the past 12 months. So much hard work goes on behind the scenes to make sure that you have an enjoyable race experience. Do give the race a review if you've enjoyed it!

When race day finally arrives on the 24th March, it will be the result of an incredible amount of teamwork and volunteer hours. We would like to say a very big thank you to everyone who donates their time to help out on the course, whether that's handing out water at the water stations, cheering on our runners, helping close off roads to keep you safe, providing refreshments, music groups along the way, sponsors and pacers. Please join me in thanking them as you pass round the course. None of it possible without you.

If you are going for a specific time, keep an eye out for our official Hastings Half Marathon pacers. They will be in the start funnel amongst you all and can be spotted wearing race packs with feather flags. We have pacers for 1hr 40 through to 2hr 30 in 10 minute bands to help pace you to the finish.

I'm excited to see you all for this special anniversary race back in our local seaside town. I'll be the one in the RD high vis jacket on top of the bus giving you all a massive cheer. Thank you to you all for supporting this iconic event... go smash it!

**Rachael Wood**  
Managing Director of Nice Work and  
Race Director of Hastings Half Marathon



OFFICIAL MANAGEMENT OF THE 2024 HASTINGS HALF



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niceworkrun



## From The Mayor

### Welcome to historic, hearty and hilly Hastings for our 40th Half Marathon.

What a pleasure it is to have been asked to write a piece for the Hastings Half Marathon 2024. I am just glad that I haven't been asked to run in it!



This is an event in which participation is for the physically fit, mentally strong and those that have the stamina of a camel. I for one have none of these! I just want to take this opportunity to thank all those that are taking part this year! You are all an inspiration and incredible. Your dedication and determination is a true testament to this brilliant annual event so kindly put on by the Lions Club.

I am looking forward to meeting you all at the finish line. I thought about running a marathon once, but I think 'Netflix and chill' is more my speed. Seriously you are all amazing! It takes a special kind of person to be able to do something like this. I am very honoured as the mayor of Hastings to be able to supply our wonderful town on behalf of the people of Hastings for you to do this. Good luck to you all! I will be hoping for some traditional Hastings sunny weather for the day! See you there.

**Margi O'Callaghan**  
**Mayor of Hastings**

# Pacers

<b>1hr 40</b>	<b>Stuart Johnstone</b>	<b>2hr 10</b>	<b>Charles Bowley</b>
<b>1hr 50</b>	<b>Simon Linklater</b>	<b>2hr 20</b>	<b>Grace Bell</b>
<b>2hr</b>	<b>Sarah Bendle</b>	<b>2hr 30</b>	<b>Jessica Cull</b>

**Thank you to our Pacers for this year, this is not an easy task at Hastings, so please thank them afterwards.**

**They will be noticeable by the flags they will be displaying and their race numbers.**



# PRIZE MONEY

MALE RACE

FEMALE RACE

1<sup>ST</sup> PLACE

£500

1<sup>ST</sup> PLACE

£500

2<sup>ND</sup> PLACE

£400

2<sup>ND</sup> PLACE

£400

3<sup>RD</sup> PLACE

£300

3<sup>RD</sup> PLACE

£300

4<sup>TH</sup> PLACE

£200

4<sup>TH</sup> PLACE

£200

5<sup>TH</sup> PLACE

£100

5<sup>TH</sup> PLACE

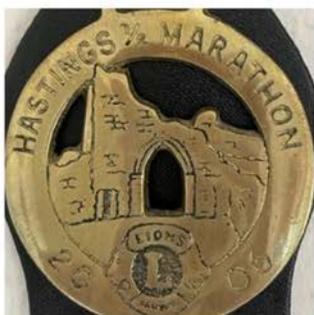
£100

**BREAK COURSE RECORD - £1000**

Time to beat - 01:01:37

# A Short History of the Hastings Half Marathon Brasses

By John Cattaway,  
Hastings Lions - Entries & Results Sec



The famous Hastings Half Marathon Horse Brasses started with the 1998 event sponsored by Hollingsworth Motor Company and for the first few years the theme for the brass was the Battle of Hastings and King Harold.

In 2004 we involved the Cinque Ports with a fishing boat and in 2006 Hastings Castle came into view on the brass. 2007 led to the famous fishing net huts in the old town and in 2008 the East Hill Cliff Lift appeared and also a special brass to celebrate the Hastings Centennial Marathon of 1908 being repeated in 2008.

The 25th anniversary of the event occurred in 2009 and fishing boats appeared again on the 2010 brass. 2011 saw a sand and sandcastle image and in 2012 the famous John Logie Baird of Television history was incorporated together with another special celebrating Hastings hosting the Olympic Torch relay through the town.

One of the celebrated people of Hastings, Grey Owl was given a place on the 2013 brass and 2014 saw the 30th anniversary of the event.



2015 saw King Harold return and also saw a once-only race on the new Hastings to Bexhill link road before it was officially opened. We celebrated the 950th anniversary of the Battle of Hastings in 2016 and Battle Lions had their 'Way to Battle' race across country via fields and roads.



Hastings Pier appeared on the 2017 brass when the pier reopened after a refurbishment and in 2018 the famous 'Ghost of Dunkirk' Lifeboat was depicted and this helped to rescue an estimated 3000 troops from Dunkirk. The 2019 brass featured the sculpture in the Race Gardens of King Harold and his common law wife Edith Swanneck.



Although a brass was produced for the 2020 event depicting Alan Turing, due to covid, it was not until 2022 when the brass was reproduced with Alan Turing again. He spent some of his childhood in Hastings and was considered as the father of modern computer science and developing his BOMBE in regard to working as a codebreaker during the war.



2023 saw Happy Harold trolleybus, a 1928 restored vehicle and the sole survivor of a group of 8 open-top trolleybuses which were in service right up to 1959. And finally this years brass celebrating the 40th anniversary of the race which started in 1984.



## GOOD LUCK TO ALL HASTINGS HALF MARATHON RUNNERS!

Nortrade are one of the UK's largest importers of frozen seafood, based in Hawkhurst, Kent, just a few miles from Hastings.

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## A look back on 2023: The first ever joint winners

One of the highlights of Hastings Half Marathon's long history was solidified in 2023.

None of us anticipated the front two runners (who battled so fiercely throughout the 13.1 miles) to decide on the final few metres to cross the finish line hand in hand and take joint first place.

A huge hats off to Charlie Brisley and Adam Clarke for becoming the first ever joint winners of the Hastings Half Marathon.

# Past Winners - Role Of Honour

## 1985

1 Derek Stevens 1.06.58, Hastings AC First Lady: Caroline Horne ,1.16.08 Crawley

## 1986

1 Derek Stevens 1.06.06, Hastings AC First Lady: Eva Isaacs, 1.20.10 Arena Brighton

## 1987

1 Tony Graham. 1.10.15 Hastings Runners First lady: Ann Marie Fox, 1.18.59, Swansea Harriers

## 1988

1 David Lewis, 1.03.34, Bury First lady: Susan Tooby, 1.13.53, Olveston

## 1989

1 Paul Davies-Hale, 1.02.10, Cannock Chase First Lady: Veronique Marot, 1.13.53, Leeds

## 1990

1 Paul Davies-Hale, 1.03.11, Cannock Chase First Lady: Julie Holland, 1.14.17, Sale Harriers

## 1991

1 Paul Evans, 1.03.30, Belgrave Harriers First Lady: Glynis Penny, 1.18.03, Cambridge Harriers

## 1992

1 William Koech, 1.02.36, Kenya First Lady: Andrea Wallace, 1.13.15, Torbay

## 1993

1 Eamonn Martin, 1.02.58, Basildon First lady: Andrea Wallace. 1.11.13 (CR), Torbay

## 1994

1 Sammy Bitok, 1.03.25, Kenya First lady, Alison Fletcher, 1.21.21, Dulwich Runners

## 1995

1 Sammy Bitok, 1.03.20, Kenya First lady, Debbie Percival, 1.20.49 , GEC Avonics

## 1996

1 Mark Flint, 1.02.55, Telford First lady: Debbie Percival, 1.15.02, Canterbury Harriers

## 1997

1 Ian Cornford, - 65.44, Shaftsbury-Barnet First lady: Caroline Horne, -78.55 Crawley

## 1998

1 Stephen Kiogoro, 1.02.48, Kenya First lady: Birhan Dagne, 1.16.30, Ethiopia

## 1999

1 Samuel Otieno, 1.01.37, Kenya (Course Record) First lady: Browen cardy-Wie, 1.22.01, Bromsgrove

## 2000

1 Simon Kasimili, 1.03.45, Kenya First lady: Esther Kiplagat, 1.12.19 Kenya

## 2001

1 Stephen Ariga, 1.04.11, Kenya First lady: Andrea Green, 1.17.08, Dartford

## 2002

1 Simon Kasimili, 1.04.55, Kenya First lady: Jude Craft, 1.20.17, Oxford

## 2003

1 Johnston Mururi, 1.03.26, Kenya First lady: Jane Omoro, 1.11.52, Kenya

## 2004

1 Fred Mogaka, 1.04.26, Kenya First lady: Hawa Hassein, 1.19.51, Tanzania

## 2005

1 Fred Mogaka, 1.04.10, Kenya First lady: Jo Kelsey 1.18.19, Winchester AC

## 2006

1 Michael Coleman, 1.06.40 M&M First lady: Birhan Dagne, 1.15.50, London

## 2007

1 Philemon Baaru 1.03.22, Kenya First lady: Birhan Dagne, 1.16.02, London

## 2008

1 Kiplimo Kimutai 1.05.24, Kenya First lady: Magdalene Mukunzi Syombua, 1.14.20, Kenya

## 2009

1 Kiplimo Kimutai, 1.05.24, Kenya First lady: Caroline Hoyte, 1.16.57

## 2010

Ben Fish(Blackburn Harriers) 1.07.08 Jessica Macrory(Winchester & D.A.C.) 1.21.31

## 2011

1 Gordon Mugi(Kenya) 1.08.00 1. Rebbby Koech(Kenya) 1.15.13

## 2012

1 Bernard Chemugo(Kenya) 1.06.17 1st Female Jane Muia(Kenya) 1.14.10

## 2013

1 Peter Emase(Kenya) 1.06.58 First lady: Polline Wanjiku(Kenya) 1.16.39

## 2014

1 Boniface Kongin(Kenya) 1.04.18 First lady: Gladys Kwambai(Kenya) 1.16.42

## 2015

1 Sammy Nyokaye(Kenya) 1.05.27 First lady: Mercyline Ondeki(Kenya) 1.12.36

## 2016

1 Robert Mbithi(Kenya) 1.04.51 First lady: Lenah Jerotich(Kenya) 1.16.51

## 2017

1 Ben Fish(Blackburn Harriers) 1.09.52 (Very Windy!) First lady: Sarah Gruber(Invicta East Kent) 1.26.36

## 2018

1 Adam Clarke(HAC) 1.08.35 First lady: Maria Heslop(Tonbridge AC) 1.21.29

## 2019

1 Josselin Polini 1.10.56 First lady: Heather Nxoone 1.21.42

## 2020 & 2021

Did not take place

## 2022

1 James Baker 1.10.12 First lady: Rachael Mulvey: 1.22.22

## 2023

1 Charlie Brisley(Newham) and Adam Clarke 1.11.03 First lady: Beth Kidgel (Brighton Phoenix): 1.16.27

## FREE SWIM

Freedom Leisure have generously allowed Runners to have a Free Swim at both their Pools on Race Day. Summerfields Pool, Bohemia Rd, Hastings (½ mile inland from The Pier). Ravenside Pool, at Ravenside Shopping Centre, A259 on way from St. Leonards to Bexhill, one mile. Show your Race Number for this special offer.



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# Without You It Would Not Be Possible - The Lions Thank You



Hastings Direct, Hastings Borough Council, Hastings Observer, Hastings A.C., Hastings Runners, Members of and families of Hastings, Bexhill Lions Clubs, Uckfield Lions, Hastings Police, Hastings & District Scouts Associations, East Sussex C.C., Hastings Ambulance Service, Buckswood School, St. Leonards Academy, Bo Peep Hotel, Wisdens, McDonald's, Carr Taylor Vineyards, Hastings Bonfire Society, South East Trains, Trade Paints, Meridian Marquees, White Rock Hotel, 1066 Marshals, Simon Jones and Team, Freedom Leisure, Tesco, Laton Technical, ABC Haulage, Hastings Sea Cadets, Premier Travel Chauffeurs, 304 Squadron ATC, BIFFA, Titanium Security Solutions, Oakland Care, 3rd Hastings Scout Group, SEECAMB, Hailsham and SEBI Lions, Dug Out Cafe, HY Runners, All Pacers, EMATS, Raynet, 6th Hastings Scout Group, 9th Hastings Scout Group, 4th Hastings Scout Group, 3rd Hastings Scout Group, Co-Op, Adams & Jarrett, Top Gear Sound, Molly Moyse, Millie Jolley, Funk Fusion Fitness, PCM, Paul Brockington at Blacklands Fire, Shokz, Hastings Rock Choir and Dende Drummers.





## List of Donations by The Lions Club



Conquest Hospital – Kent, Surrey, Sussex Air Ambulance – Christ Church Ore – East Sussex Recovery – Hastings & Rother YMCA – Hastings Music Festival – Salvation Army – Albany Taxi Charity – Westerleigh Judokwai – WCA Productions – Hastings Week Committee – 6th Hastings Scouts – Hastings & St Leonards Sailing Club – 1066 Kids Club – LIBRA Blood Research Charity – Prostate Charity – Blind Bowlers – Hastings Foodbank – Hastings Furniture Service – CAMHS – Martha Trust – Littlegate Farm – Care for the Carers – BHT Floating Support – Glyn Gap School – Westfield Playgroup – 3 Oaks Village Hall – Sea Cadets – Snowflake Organisation – 3rd Hastings Scout Group – Guestling Bradshaw School – Dens and Signals – Dragonflies – Park Road Under 5 – Lifestyle – Fairlight Youth Centre – Parchment Trust – Emmaus Hastings – Hastings Voluntary Association – Westfield Football

**OVER £40,000 HAS BEEN DONATED SINCE MARCH 2023  
TO MANY LOCAL ORGANISATIONS INCLUDING A FEW  
INTERNATIONAL DISASTER APPEALS IN MOROCCO,  
PAKISTAN, UKRAINE, AND MANY OTHERS**





Above: Sylvia and her family, who are all running this year.

## **An interview with Sylvia Huggett, the lady who has ran every single Hastings Half Marathon.**

There are 10 runners who have crossed the start and finish mats of every Hastings Half Marathon since its inception, all of whom have given so much to the race over the years. They are known now as the Heroes of Hastings Half. There is however, only one lady.

Sylvia Huggett, a member of Hastings Runners, is running this year alongside her family members; three generations of Huggett's will take part in either the Half Marathon or Mini Run.

We sat down with Sylvia to discuss her feelings towards the event and some advice to those who are doing it for the first time.

### **When did you hear of the first Hastings Half Marathon and what made you sign up?**

I had run the London Marathon in 1983 and subsequently had my daughter so didn't run for a while. But then I saw the Hastings Half Marathon come along and I thought – got to do that! It's just such a good event, it's really expanded now with the support. Somebody said to me the other day "are you going to do the 50th one?" and I just laughed. We'll see.

**How long do you think you'll keep on racing the HHM?**

I'm not sure, I enjoy running but road running is more painful than off-road with my knee. But I think, as long as I keep enjoying it, I will keep on going. There's no point running if you don't enjoy it.

**Is there anything that stands out as a really good experience during the HHM?**

For me it's when my whole family do it. The 25th one, the 30th one, the three children and my husband all did it, this year we're all doing it. We've even got grandchildren in the mini run so there's three generations doing it.

**What are your connections to Hastings? Have you lived here your entire life?**

We moved down here in 1981 with my husband's work but when we were youngsters we used to come to Hastings on holiday! So, Hastings goes back a long time for us. We love the area, there's a great community – we won't move again.

**What tips would you give to someone who's running the Hastings Half for the very first time?**

Go out and enjoy it. Don't put any pressure on yourself. Sometimes people think you've got to run all of it, you've got to go and just enjoy it. You get so much support from the crowds... it's great to just enjoy it.

**We've got an official Hastings Half Marathon playlist where people can add their favourite running songs, would you like to add one?**

Ah, and I've got to think of it right now?! Well obviously, Chariots of Fire is always a good one – it gets you going!



**Support from Friends**

Kate and Arlene will be running alongside the Huggetts raising funds for St Michael's Hospice and remembering lost loved ones.

# The Heroes of Hastings Half



**Sylvia Huggett**



**Stephen Roper**



**Raymond Grief**



**Sean Tyler**



**Mark Watson**



**Philip Carl Nice**



**John Foster**



**Paul Knight**



**Darren Barzee**



**Jeremy Creed**

**The 10 runners who have completed every Hastings Half Marathon in it's 40 year history**

## Record Holder for each of the Veteran Categories

### MALE

M40-44	Keith Penny	1.08.18	1991
M45-49	James Baker	1.10.12	2022
M50-54	Peter Mellor	1.13.59	1989
M55-59	Brian Sweeney	1.17.37	1993
M60-64	Stuart Miles	1.21.31	2023
M65-69	Paul Whelpton	1.26.51	2018
M70-74	John Alexander	1.38.07	2005
M75-79	Donald Adie	1.48.27	2003
M80-84	Norman Paul	1.53.21	1999
M85 plus	Thomas MacDonald	2.07.07	2018

### FEMALE

FM40-44	Bronwen Cardy-Wise	1.16.04	1993
FM45-49	Clare Elms	1.19.44	2011
FM50-54	Maria Heslop	1.21.28	2018
FM55-59	Clare Elms	1.23.55	2022
FM60-64	Anne Chapman	1.33.43	1996
FM65-69	Susan Garner	1.50.51	2012
FM70-74	Sue Lambert M.B.E	1.50.01	2011
FM75-79	Sue Lambert	2.18.54	2017
FM80-84	Rosemary Parkinson	2.24.43	2022

# Race Approved Bone Conduction Headphones

# SHOKZ

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The Hastings  
Half Marathon



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**OPEN RUN** - Formerly known as AEROPEX but now with added quick charging feature for last minute use. £129.99

**OPEN RUN PRO** - Flagship product. Longest lasting, quickest charging, ultimate sound experience. £159.99

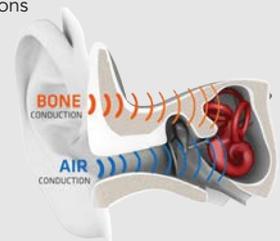
MINI VERSIONS AVAILABLE OF OPEN RUN AND OPEN RUN PRO.

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## Benefits Of Bone Conduction

**COMFORT** - Over ear design means pain free use

**SAFETY** - Always aware of your surroundings as no in ear wearing

**HYGIENE** - Ear canal is clear, preventing wax build up

**ALSO WITH MICROPHONES ADDED - For use with phone calls**  
**Other use for Podcasts and general music listening**

# Andy Knight

## Race Commentator

We are delighted to have each year a fantastic race commentator in Andy Knight.

We thought you would like to see what the man behind the voice looked like!

Andy is a very experienced commentator and radio presenter, who works a lot for More Radio.

But besides this he is a valued member of Hastings Runners, and a regular volunteer at Hastings Park Run. A good runner in his own right, he has the ability to identify with runners from his own experience. He has run Hastings Half many times.

He tries, with help, to name as many finishers as possible as they go over the finish line, and I am sure you will agree he does an incredible job.

We are very fortunate indeed to have someone with his class and knowledge, who sounds great on The PA system.

Thank you Andy.



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# SUN 02 JUNE HASTINGS 5 MILE



Hastings Runners flagship event returns for its 17th anniversary this year, and the mainly seafront route which starts and finishes in the town centre again includes a loop of the town's historic pier.

Having regained our Sussex Grand Prix status, we expect 450 - 500 runners to take part.

The event has raised nearly 65k for St. Michael's Hospice during this period.

All finishers will receive a superb medal designed by Hastings Runners' Matt Edmonds, who has also designed a special race t-shirt which can be purchased when doing your race entry.

## SEARCH HASTINGS 5 MILE FOR TICKETS

## WHERE THERE'S A NEED THERE'S A LION

### What do we do?

Broadly speaking, we raise money and give it away to good causes, as well as running events and assisting other charitable and civic organisations with theirs. Our biggest fund raiser is the annual Half Marathon, but we do other things as well; an annual Golf Day and store collections for Surviving Christmas amongst others.

### Who benefits?

Most of the money we raise is spent in Hastings and St Leonards. Come along to one of our meetings and see for yourself.

### What is the commitment?

- Two meetings each month.
- A 2 hour business meeting, which we would expect you to attend whenever possible, and a dinner meeting which is not compulsory.
- As much free time as you can spare, but family must come first.

### What's in it for you?

Meet new people, make new friends. Help others and gain fun and satisfaction whilst giving something back to your community.

### What will it cost?

Approximately £1.50 per week.

### Why not join us?

We meet on 2nd Tuesday in the month, at White Rock Hotel, at 7.30pm. Working with other like-minded people and Lions clubs throughout the South East (and beyond) can be great fun and very rewarding.

Since Covid-19 we have still been able to donate over £66,000 to local, national and international needs.



HASTINGS LIONS CLUB  
MEETS AT THE  
**WHITE ROCK HOTEL**  
IN HASTINGS ON THE  
**SECOND TUESDAY MONTHLY  
AT 7.30PM**



### CONTACT US

Seeking a grant  
[csc.hastingslions@gmail.com](mailto:csc.hastingslions@gmail.com)

### MEMBERSHIP

To apply to become a Lion and for more information please visit our website  
[www.hastingslions.org.uk](http://www.hastingslions.org.uk)

### DONATE

Every donation is gratefully received and for more information please visit our website  
[www.hastingslions.org.uk](http://www.hastingslions.org.uk)



LIONS CLUB OF HASTINGS  
**WE SERVE**



The Lions Club of Hastings is **one of over 46,000 clubs** with more than 1.5 million members located in over 200 countries around the world.

Lions Clubs International is a **non governmental service** organisation founded in 1917 by Melvin Jones.

Our club was chartered in 1969 and **serves the Borough of Hastings and St. Leonards.**

Over the past 20 years, the **Hastings club has donated over £1,000,000** to local organisations, community groups and individuals in need, across the borough.

**Our aim is to support our community** and we are renowned not just for our financial support in the form of grants, but also practical **support with fundraising activities including events organised by other charities.**

**Hastings Lions Club organises a number of annual events** including supermarket collections and for over 30 years has held an annual charity golf day at Highwoods Golf Club as well as the Hastings Half Marathon which attracts **thousands of participants every year.**



HASTINGS CLUB IS ONE OF  
**46,000+**

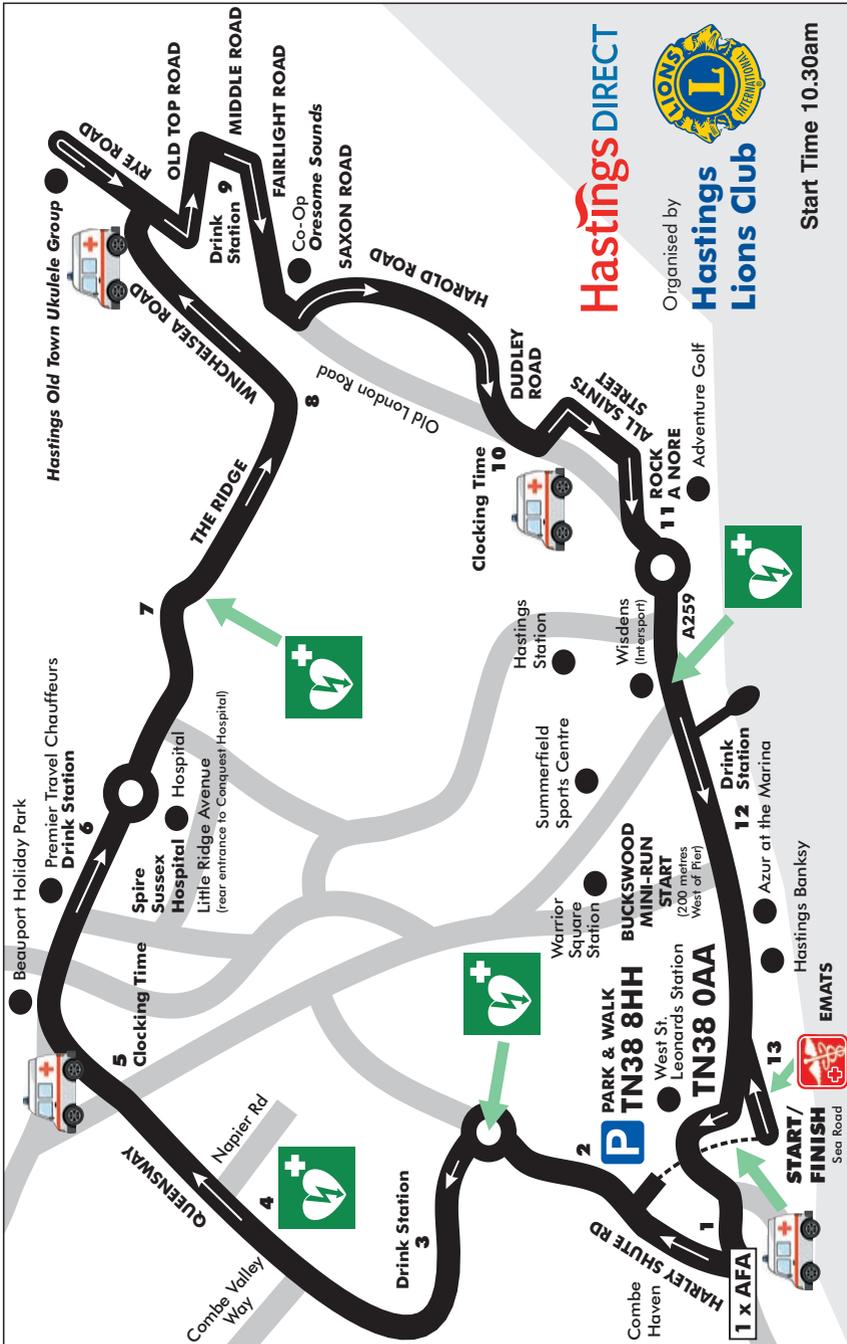
MORE THAN 50 YEARS SUPPORTING OUR  
**COMMUNITY**

DONATIONS TOTAL OVER  
**£1,000,000**

Follow Us



# 2024 Hastings Half Marathon Route



Medical Centre with defibrillator



First Aid with defibrillator



Ambulance/Response Car with defibrillator





## Unique Souvenirs of the event available for sale in marquee on race day or by post and online



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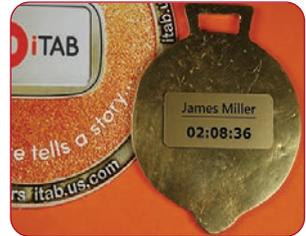
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# Runners 2024

## List of Runners showing Race Number and either UK Athletics Club, Team or Town

1	Sylvia Huggett	Hastings	62	George Andrews	Manchester	124	Phoebe Barham	Hasting AC
2	Jeremy Creed	St. Leonards-on-Sea	63	Connor Ahear	London	125	Adam Barham	Hastings
3	Stephen Roper	W Sussex Fire and Rescue	64	Gemma Angel	St. Leonards-On-Sea	126	David Barham	Lewes AC
4	Raymond Grief	St. Leonards-on-Sea	65	Anne Anscomb	Uckfield Runners	127	Phoebe Barker	Bexhill-on-Sea
5	Sean Tyler	Hastings	66	Wes Anson	Hastings	128	Jackie Barker	St. Leonards-on-Sea
6	Darren Barzee	Hastings	67	Kim Appleford	St. Leonards-on-Sea	129	James Barnes	Hastings
7	Mark Watson	N/A	68	Chris Applegate	Bexhill Runners	130	Justyn Barnes	Hastings
8	Philip Carl Nice	St. Leonards-on-Sea	69	Heidi Appleton	Rye	131	Nickola Barnes	Bexhill-on-Sea
9	John Foster	Seaford	70	Lee Apps	Hastings	132	James Barney	Rebel Runners Medway
10	Paul Knight	Hastings	71	Tracy Apps	St. Leonards-On-Sea	133	Christopher Barraclough	St Leonards
11	Richard A Evans	St. Leonards-on-sea	72	Steven Archer	Hailsham	134	Adrian Barratt	Hastings runners
12	Kevin A MacDonald	Hove Hornets	73	Jacqui Archer	Eastbourne	135	Hollyanne Barrett	Shepperton Running
13	Ryan Abbot	Kingston Upon Thames	74	Tom Armstrong	Heme Hill Harriers	136	Louise BaRrett	Whitstable
14	Dominika Abel	St. Leonards-on-Sea	75	Lorraine Ashby	St. Leonards-On-Sea	137	Timothy Barrow	N/A
15	Harry Abraham	Robertsbridge	76	Jeff Ashcroft	Hastings	138	Ryan Barrow	Hastings
16	Sally Abraham	Robertsbridge	77	Victoria Ashford	Hastings	139	Dawn Bartel	British Triathlon Federation
17	Will Adams	Will & Hen	78	Dene Ashton	Romney Marsh	140	Jake Barton	St. Leonards-on-Sea
18	Henry Adams	Will & Hen	79	Quintin Askes	HY Runners	141	Carl Barton	Hailsham Harriers
19	Jason Adams	Hastings	80	tom assetto	St Leonards on sea	142	Rowan Barton-Dibble	Hastings
20	Tom Adams	Cranbrook	81	Boris Atanasov	Hastings Runners	143	Aneira Barton-Dibble	Hastings
21	Becky Alexander	Heart and Sole Runners	82	tom atkin	Eastbourne	144	Sarah Bartrup	Hastings
22	Lynette Adams	Hastings	83	Sam Atkin	Haywards Heath Harriers	145	Krista Barzee	Hastings
23	Jack Adams	Tonbridge	84	Harry Atkins	Hastings	146	Danny Bassett	Hastings
24	Chloe Adams	St. Leonards-on-Sea	85	Tabitha Atkinson	brighton phoenix	147	Mark Bassett	Hailsham Harriers
25	Lydia Addison	St. Leonards-on-Sea	86	Luke Atkinson	Rye	148	Stephanie Bassett	Hailsham Harriers
26	Roz Adie	Hastings	87	Patricia Audis	Bexhill-On-Sea	149	Neil Batt	Eastbourne
27	Chuck Adolphy	St. Leonards-On-Sea	88	Charlotte Austen	Hastings	150	Ian Battisson	St. Leonards-On-Sea
28	Sarah Agate	Heart and Sole Runners	89	Duncan Austin	Lonely Goat RC	151	Shaun Bayard	Hastings
29	Thomas Agate	Hastings	90	Danny Austin	Bexhill-On-Sea	152	Jason Bazzard	Maidstone harriers
30	Des Agyekumhene	London	91	Stuart Austin	Stockton-on-Tees	153	Steven Beach	St Leonard's on sea
31	Amit Ahluwalia	Gillingham	92	David Axon	Eastbourne	154	Rosie Beale	Eastbourne Rovers Ac
32	Grant Aitken	Tunbridge Wells Harriers	93	Lisa Ayling	Tonbridge	155	Joanne Beale	Rye
33	Anna akehurst	RunWednesdays	94	Nina Ayres	St. Leonards-on-Sea	156	Jacob Beaney	N/A
34	Hazel Akehurst	eastbourne	95	Lauren Backler	Eastbourne	157	Daniel Beardsley	London
35	Cosima Akerman	Robertsbridge	96	Leanne badrock	HY running	158	Liam Beaton	St. Leonards-on-Sea
36	Valentine Akerman	Robertsbridge	97	John Badrock	HY Runners	159	Dayne Beaumont	St. Leonards-On-Sea
37	Somerset Akerman	Robertsbridge	98	Ellisa Baggott	Norwich	160	Matthew Beaver	Hastings runners
38	Andy Alabaster	Hastings runners	99	Andrew Bailey	St. Leonards-On-Sea	161	andrew beavis	Loopclub Grijksloke
39	Lucianne Albrecht	arunners rc	100	Emily Bailey	medway runners wolfpack	162	Frank Bebb	St. Leonards-on-Sea
40	Diane Aldridge	Lonely Goat RC	101	Christopher Baily	Uckfield Runners	163	William Beck	Canterbury
41	Darryl Alexander	Hastings runners	102	James Baker	Chichester Runners & A.C.	164	Linda Beddis	Hastings runners
42	Tom Alexander	Hastings	103	Grace Baker	Hastings AC	165	Charlie Bedford-Forde	Epsom
43	Fergus Alexander	Oxford	104	Edward John Baker	Flyers Southend	166	David Bedwell	Bexhill-on-Sea
44	Jyotsana Alexander	Oxford	105	Safiye Balaban	Bexhill-on-Sea	167	Charley Bee	St. Leonards-on-Sea
45	Andy Lee	Hastings runners	106	Kieran Baldwin	Eastbourne Rovers Ac	168	Jake Beech	Hastings
46	Emily Allchurch	Hastings runners	107	Stuart Balkham	St. Leonards-on-Sea	169	Sam Beech	Hastings
47	Zoe Allcott-Wells	Eastbourne	108	Peter Ball	Hastings	170	Rebecca Beeching	St. Leonards-On-Sea
48	Yasmine Allfrey	Burgess hill runners	109	Stu Ball	St. Leonards-On-Sea	171	Nigel Beer	Tonbridge
49	Peter Allston	Hastings	111	Zoe Ballard	Bexhill-on-Sea	172	Erica Beer	Tonbridge
50	Harald Alstad	TOSK	112	Nicholas Ballon	St. Leonards-on-Sea	173	Kevin Began	Hailsham
51	Hiren Amin	Pitsea Running Club	113	Chris Balmer	Beckenham	174	Joe Belcher	Robertsbridge
52	Peter Amos	ORPINGTON	114	Ian Balmer	crowborough runners	175	Kelly Belcher	Hastings
53	Russell Anderson	Ashford	115	Jan Banfield	Lewes	176	Gordon Bell	St. Leonards-on-Sea
54	Alison Anderson	Hastings runners	116	Tom Banks	St. Leonards-on-Sea	177	Stuart Bell	Run Wednesdays
55	Anthony Anderson	Eastbourne Rovers Ac	117	Elliott Banks	Hastings	178	Clare Bell	Run Wednesdays
56	Chris Anderson	N/A	118	Nick Webb	Hastings runners	179	Cameron Bell	Tonbridge
57	John Anderson	Hastings	119	Elliott Banks	Hastings	182	Robert Bell	Henlow
58	Sue Andrews	Hastings	120	Joanne Barber	Cambridge Harriers	184	Will Bell	London
59	David Andrews	Hastings	121	Glenn Barden	Bromley	185	Chris Bell	Tonbridge
60	Jonathan Andrews	Run Wednesdays	122	Matthew Barden	Hastings	186	Andy Bell	Tonbridge
61	Matt Andrews	Hastings	123	David Bargery	Hastings runners	187	Debbie Bellhouse	Hastings

188	Gary Bennett	HY Runners	224	Lilly Blackford	Hastings	261	Andy Bottle	Hastings
189	Marie Bennett	Hastings	225	Sara Blackford	Bexhill	262	Simon Bourne	Wadhurst Runners
190	Brian Benson	London	226	Paula Blackledge	Brighton	263	Hadley Boumer	Hastings
191	Michael Benton	St. Leonards-On-Sea	227	Loo Blackman	Winchelsea	264	Aaron Bournier	Hastings
192	Jack Benton	St. Leonards-on-Sea	228	Darren Blackman	Winchelsea	265	Stephen Boutell	Tunbridge Wells
193	Patrick Bermingham	Hastings runners	229	Elle Blake	Bexhill-on-Sea	266	Graham Boutell	Tunbridge Wells
194	Serena Berrett	St. Leonards-on-Sea	230	James Blaker	Hailsham	267	Harry Boutell	Tunbridge Wells
195	Julia Berry	Ashford	231	Peter Blakey-Novis	Newhaven	268	Tommy Bowen	Hove
196	Garvin Berry	Wimbledon Windmilers	232	Heather Bland	Brighton	269	Michele Bower	HASTINGS
197	Gaby Best	St. Leonards-on-Sea	233	William Blanford	Heathfield Road runners	270	Benjamin Bowles	HAILSHAM
198	Maxine Betti	St. Leonards-on-Sea	234	Fleur Blanford	Heathfield Road runners	271	Jasper Bowler	wadhurst
199	Lewis Betts	Hastings AC	235	Ruthie Blazye	Hastings	272	Marie Boyd	St. Leonards-on-Sea
200	Dan Bevan	Hastings	236	Mircina Bleniou	Hastings	273	John Boyd	Medway rebel runners
201	Johanna Bevan	HASTINGS	237	Nick Blogg	Horsham	274	Karl Boyd	Bexhill
202	Colin Bewes	Hastings	238	Carrie Blunden	RunWednesdays	275	Craig Boyd	Bexhill-on-Sea
203	Geraldine Beyer	St Leonards on Sea	240	Richard Boese	Sandhurst	276	Jane Boyes	Seaford Striders RC
204	Stephan Bezuidenhout	Bury St. Edmunds	241	Richard Boese	Sandhurst Joggers	277	Fiona Boyte	Bexhill-On-Sea
205	Roger Bick	St. Leonards-on-Sea	242	Stacey Bolingbroke	St. Leonards-On-Sea	278	Bridget Boyte	Sturminster Newton
206	Chris Bick	St. Leonards-on-Sea	243	Chloe Bolingbroke	St. Leonards-On-Sea	279	Ashley Bradbury	Godstone
207	Luke Bicker	London	244	Dylan Bolton	HY Running Club	280	John Bradshaw	Brighton and Hove
208	Nicholas Biela	London	245	Daniel Bond	North Ferriby	281	Iris Braeckman	Eastbourne
209	Sebastian Bielski	Rumia	246	Helen Bond	Bexhill-On-Sea	282	Wendy Brampton	St Leonards On Sea
210	Megan Bignall	London	247	Yana Bonello	Ramsgate	283	Tom Brampton	HY Runners
211	Lucy Bignell	Eastbourne	248	Jack Bonner		284	Dennis Brandrick	26.2 Road Runners
212	Rebecca Josephine Bill	Wadhurst	249	Daniel Bonney	Hailsham	285	Chris Brandt	Hastings
213	Hannah Bilsby	London	250	Timothy Boone	Littlehampton	286	Jonathan Branson	Horsham
214	Ethan Bilsby	Hastings	251	Mark Boorman	Hastings	287	Ned Braxton	Hastings
215	Matt Binns	St. Leonards-On-Sea	252	Rhys Boorman	Hastings AC	288	Sara Brazier	Rye Runners
216	Andrew Bishop	Burgess hill runners	253	Jonathan Boorman	Heathfield	289	Damen Brazier	Rye Runners
217	Andy Bishop	Bexhill on Sea	254	Rhys Boorman	Hastings	290	Jennifer Bremer	Bexhill-on-Sea
218	Andy Bishop	Hastings	255	Edward Booth	St. Leonards-on-Sea	291	Frank Brennan	Eastbourne
219	Kirsty Bishop	Hatfield	256	Luke Borland	Eastbourne	292	Sarah Brennan	Catsfield
220	George Black	Battle Town FC Runners	257	Paul Boseley	St Leonards	293	Ben Brett	Hastings
221	Peter Black	Marple Runners	258	Kai Bossom	Bexhill Runners & Triathletes	294	Jamie Brett	Herne Bay
222	Julia Black	Lewes	259	Karline Botha	BEXHILL-ON-SEA	295	Glenn Brett	Herne Bay
223	Pete Black	Hailsham	260	Abram Botha	BEXHILL-ON-SEA	296	Lucy Brice	Bristol

**We are pleased to announce that Rob Magri of Premier Travel Chauffeurs (airport and long distance specialists) are putting up Bonus Prizes of £1000 for the first male and female athletes to break their respective course records.**



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297	Vivien Bridge	Hastings	356	Kelly Burgess	Hastings	415	Martin Carter	St. Leonards-on-sea
298	Laura Briggs	Sunbury-on-Thames	357	Rick Burgess	Hastings	416	Clara Carter	Chatham
299	Harry Briggs	Sunbury-on-Thames	358	Charlie Burgess	Tenterden	417	Lucy Carter	Hastings
300	Gareth Bright	Battle	359	Caroline Burke	St. Leonards-On-Sea	418	Helen Cassell	St. Leonards-on-Sea
301	Catherine Bright	Battle	360	Imogen Burman-Mitchell	Wadhurst Runners	419	Chris Castlemann	HY Runners Hastings
302	Lisa Brinsden	Bexhill on Sea	361	Alastair Burnett	Bexhill-on-Sea	420	Chris Cavender-bruce	Gravesend
303	Scott Bristowe	London	362	Olivia Burney	N/A	421	Petra Cechova	Hastings
304	Stuart Britten	Rebel Runners Medway	363	Chris Burney	Sevenoaks	422	Sarah Cerioli	St Leonards On Sea
305	Henry Broadhurst	Battle	364	Debbie Burns	Battle	423	Benjamin Chadwick	Maidstone
306	Robert Edward Broadstock	Hastings	365	Emma Burns	Newmarket Joggers	424	Lewis Challen	St. Leonards-on-Sea
307	Andy Brock	Hove	366	Christopher Burns	Newmarket Joggers	425	Stephen Chamberlain	Bexhill-on-Sea
308	Charlie Brock	Hastings	367	Robert Burns	Hastings Hikers	426	Samuel Chambers	Arena 80 AC
309	Kevin Brocklebank	Leeds	368	Luke Burrough	BRIGHTON	427	Peter Chambers	Chichester
310	Ross Brocklehurst	brighton phoenix	369	Lauren Burrough	BRIGHTON	428	Emma Champion	Hastings
311	Darren Broderick	Tri Tempo	370	Pete Burrows	Beckenham	429	Maricel Champion	Bexhill
312	Zoe Brooke	London	371	Stephen Burrows	Heathfield	430	Erik Chapman	St. Leonards-on-Sea
313	Karen Brooker	N/A	372	Sam Burton	Ashford	431	Thomas Chapman	Hastings
314	Kirsty Brooker	St. Leonards-On-Sea	373	Martin Bussey	Uckfield Runners	432	Alfie Chapman	St. Leonards-on-Sea
315	Atul Brooker	Hastings	374	Emma Bussey	Uckfield Runners	433	Shaun Chappell	Hastings
316	Kirsty Brookes	Hastings	375	Paula Butchers	Hastings	434	Ashley Chatfield	Hailsham
317	Kieran Brooks	HYRunners	376	Julie Butler	Maidstone	435	Gary Chatham	Hastings
318	Nicholas Brooks	HASTINGS	377	Jeremy Butterfield	St. Leonards-on-Sea	436	Helen Chatterton	Eastbourne
319	Rhys Brooks	Tunbridge Wells	378	Matthew Button	St. Leonards-on-Sea	437	Nick Cheal	Ware joggers
320	Nichola Broomfield	Hastings	379	Andrew Button	Eastbourne	438	Emily Cheeseman	Maidstone
321	Phil Broughton	Danson Runners	380	Lynesey Button	Crowborough	439	Katy Cheevers	Hastings
322	Emma Brown	Runningspace	381	Tammy Button	Alvechurch	440	Chloe Cherry	St. Leonards-on-Sea
323	Hayley Brown	Hastings	382	Steven Button	Alvechurch	441	Nina Chhoeng- Lee	Hastings
324	James Brown	St Leonards on Sea	383	Tracey Byford	St. Leonards-On-Sea	442	Tony Childs	Hove
325	Eliza Brown	Hastings	384	Richard Byrne	Hastings	443	Raz Chiorean	St. Leonards-on-Sea
326	Dominic Brown	Bexhill-on-Sea	385	Francesca Bywater	Hastings	444	H Chipchase	Hastings
327	Sam Brown	HYRunners	386	Deborah Cage	Maidstone	445	Paul Choi	Eastbourne
328	Matthew Brown	N/A	387	Ashley Cahill	Bexhill-On-Sea	447	Calvin Chokufa	Cardiff
329	Andrea Brown	Hastings	388	Joanna Cain	Eastbourne Run Wednesday	448	Andreas Christodoulou	London
330	Paul Brown	Hastings	389	Guy Callaby	Hastings	449	Rob Christie	Hailsham
331	James Brown	London	390	John Callaghan	London	450	Katie Chuck	Hastings
332	Kiki Brown	Bexhill-On-Sea	391	Jim Callender	brighton phoenix	451	Martin Church	London
333	Robert Browning	Lonely Goat RC	392	Arrienne Callow	Hastings runners	452	Ben Church	Maidstone harriers
334	Carl Brunton	Hastings	393	Kim Callow	St. Leonards-On-Sea	453	Sally Church	Sittingbourne Striders
335	Sarah Brunton	Hastings	394	Robbie Campbell	St. Leonards-On-Sea	454	Martin Church	London
336	Jenny Bruton	Eastbourne	395	Gemma Campbell	St. Leonards-On-Sea	455	Ales Cirnufs	Tonbridge
337	Keith Bruton	Birmingham	396	Robyn Canavan	Battle	456	Leon Claasen	St. Leonards-On-Sea
338	Rebecca Bryant	Battle	397	James canham	Worthing	457	Giles Clark	Wadhurst
339	Richard Bryant	Crawley	398	Terry Cannon	Rye	458	Debbie Clark	Hastings runners
340	Lesley Bryant	Crawley	399	Paul Capewell	Hastings	459	John Clark	Faker Run Club
341	Lorraine Bryne	St. Leonards-on-Sea	400	Roberto Cardenas Duran	London	460	Jonathan Clark	Lonely Goat RC
342	Ivy Buckland	HY Runners	401	William Carey	HY Runners	461	Emma Clark	Hastings
343	Joanne Budgen Smith	Heart & Sole Runners	402	Phil Carey	Chatham	462	Oliver Clark	Bexhill-On-Sea
344	Melissa Bujtor	Sevenoaks	403	Rachelle Carey	St Leonards-On-Sea	463	Peter Clark	London
345	Andrew Bujtor	Sevenoaks	404	Kim Carey	Tonbridge	464	Paul Clark	Gillingham
346	Kevin Bull	Seaford	405	Phil Carey	Medway Fit	465	Cecilia Clark	London
347	Emma Bull	Seaford	406	Max Carpenter	Faversham	466	Lisa Clark	Polegate
348	Colin Burbage	Polegate	407	Siobhain Carpenter	St. Leonards-On-Sea	467	Peter Clarke	Eastbourne
349	Marcello Burbante	London	408	Robert Carr	Burgess hill runners	468	Kim Clarke	Hastings
350	Jonathan Burden	Hastings	409	Eddie Carr Taylor	Hastings Athletics club	469	Wayne Clarke	Eastbourne
351	Peter Burfoot	Wadhurst Runners	410	Ewan Carradine	Godalming	470	Abi Clarke	Hastings runners
352	Peter Burge	Richmond	411	Philip Carrington	Bad Boy Running	471	Lara Clarke	Hastings
353	Samantha Burge	Richmond	412	Helen Carrington	Hastings	472	Victoria Clarke	St. Leonards-on-Sea
354	Tracey Burgess	Hastings	413	Nicola Carter	White British	473	Tim Clarke	St. Leonards-On-Sea
355	Dan Burgess	Hastings runners	414	Paul Carter	New Romney	474	David Clarke	HY Runners

**Finishing and Results: WITHIN SECONDS OF YOU FINISHING,**  
you can find out live 'online' your finishing position and time by going  
to our website [www.nice-work.org.uk](http://www.nice-work.org.uk) and clicking on Results.

475	Graham Clarkson	Maidstone	543	Sam Cornelius	Hastings	609	Liam D	St. Leonards-on-Sea
476	Charlie Clarkson	Charlie Clarkson	544	Alex Cornes	Battle	610	Sue Dabbs	Eastbourne
477	Ste Claus	Bootle	545	Anne Cornish	Hastings	611	David Dadson	Maidstone
478	Mark Clawson	Crawley	546	John Corp	London	612	Martin Dallimer	Seaford
479	Derek Claydon	Swansea	547	James Cotterill	St Leonards	613	Will Dando	Pevsey
480	Charlotte Clayton	Hastings	548	Chris Coull	Brighton	614	Julie Daniel	Waterlooville
481	Linda Cleaver	Orpington	549	David Coulson	Bexhill-on-Sea	615	Hugo Darby-Brown	Brighton
482	Kerry Clegg	Gravesend	550	Daniel Cox	Hastings	616	John Darling	Haywards Heath
483	Nathan Clemans	St. Leonards-on-Sea	551	Phil Cox	St. Leonards-On-Sea	617	Camilla Daring	London
484	Emma Clements	Hastings	552	James Cox	heathfield road runners club	618	Simon Darrington	Brighton
485	Anthony Clewes	Poole	553	Harrison Cox	Hastings	619	Alison Davey	Sittingbourne Striders
486	Toby Clifford	St. Leonards-on-Sea	554	Jasmine Cox	Bexhill-On-Sea	620	Anthony Davey	Eastbourne Rovers
487	Michael Cloke	Gravesend	555	Nick Crabtree	Hove	621	Mark Davey	NEJ
488	Sophie Cloute	Hastings	556	Martyn Craddock	Seaford Striders RC	622	Adam Davey	Bexhill-on-Sea
489	Julia Cockcroft	Crowborough	557	Martyn Craddock	Seaford Striders	623	Karsh Davey	Hi5 Runners
490	John Cockcroft	Bexhill-on-Sea	558	Sophie Craddock	Hastings	624	Charlotte Davey	Hi5 Runners
491	Deirdre Coffey	St. Leonards-On-Sea	559	Barbara Cramp	Battle	625	Mark David	Bexhill-On-Sea
492	Simon Coffey	Folkestone Running & AC	560	Bekah Cranch	Bishop's Stortford RC	626	Simon Davie	Eastbourne Run Wednesday
493	Louie Cogan	Hastings	561	David Crane	Surrey Walking Club	627	Andrew Davies	Hastings
494	Ellie Cohen	Rye	562	Rachel Crane	HASTINGS	628	Megan Davies	St. Leonards-on-Sea
495	Alex Cole	Heathfield	563	Josey Crane Burrows	Beckenham	629	Terry Davies	Hastings
496	Robert Cole	Sunbury-on-Thames	564	Ian Cranfield	Worthing	630	Deborah Davies	Hulbridge Rnners
497	Hati Cole	St. Leonards-on-Sea	565	Evan Crang	St. Leonards-on-Sea	631	Sam Davies	St. Leonards-On-Sea
498	Barry Coleman	Hastings	566	Carole Crathern	Bexhill Runners	632	Maria Davies	Brentford
499	Dave Coleman	Hastings	567	Andrew Crathern	Bexhill-on-Sea	633	Emma Davies	Running Space
501	Glenn Coleman	Wakefield	568	Patrick Crawford	Hastings	634	Marina Davies	Eastbourne Rovers Ac
502	Lauren Coleman	Bexhill-On-Sea	569	Shaun Creasey	Bexhill-On-Sea	635	Adam Davies	Hailsham Harriers
503	Reece Coleman	St. Leonards-on-Sea	570	Daniel Creed	Rogue Runners	636	Laura Davis	St. Leonards-On-Sea
504	Adam Coleman	HY	571	Jane Creed	St. Leonards-on-Sea	637	Clarissa Davis	Bexhill-On-Sea
505	Imogen Collard	Hastings	572	Sarah Crichton	St. Leonards-On-Sea	639	Michael Davison	London
506	Darren Collier	West Wickham	573	Alexander Cripps	Rye	640	Peter Daws	Hailsham Harriers
507	Lance Collier	Bexhill on sea	574	Adam Crisp	Rye	641	Lieighton Dawson	Hastings
508	Mark Collings	St. Leonards-on-Sea	575	Claire Croft	London	642	Reece Dawson	Bexhill-On-Sea
509	Tom Collins	Sevenoaks	576	Caroline Croft	Hastings	643	Helen Dawson	Eastbourne
510	Sam Collins	St. Leonards-On-Sea	577	Samantha Crompton	Eastbourne	644	Edward Dawton	St. Leonards-on-Sea
511	Hannah Collins	Etchingham	578	Millie Crosby	St. Leonards-On-Sea	645	Lucy Day	Hailsham
512	Ben Collins	Etchingham	579	Jaclyn Cross	Hastings	646	Luke Day	N/A
513	Stephen Collins	Wantage	580	Kevin Cross	Burgess hill runners	647	Ruth Day	Eastbourne
514	Alastair Collyer	Cardiff	581	Peter Croth	Hastings	648	Jonathan Day	Lonely Goat RC
515	Lucy Colwell	Hastings	582	Andrew Crouch	Rye	649	Sarah Day	St Leonard's On Sea
516	Darren Comeau	Tonbridge	583	Jodie Crouch	Rye	650	Becky Daykin	Battle
517	Paul Commons	Ashford	584	Jennifer Crouch	St. Leonards-on-Sea	651	Cal Daykin	Battle
518	Moirá Connell	Troon Tortoises AC	585	Alan Croucher	Hastings	653	Clive de Vulder	Wadhurst Runners
519	Chris Connor	Bexhill-on-Sea	586	Michael Croucher	St. Leonards-On-Sea	654	Nicola Deacy	Meads runners
520	Richard Connor	Llangollen	587	Derren Croucher	Tonbridge	655	Keith Dean	Maidstone Kent
521	Chris Connor	St. Leonards-On-Sea	588	Will Cruttenden	Eastbourne	656	Gary Deans	Bexhill-on-Sea
522	Berenice Consavella	Hastings runners	589	Joanna Cruttenden	vegan runners UK	657	Laura Dearsley	St. Leonards-On-Sea
523	Sam Constable	New Milton	590	Joe Cruttenden	Hastings runners	658	Tom Decuyper	Oudenaarde
524	John Constable	Mote Runners	591	Duncan Cruttenden	Bexhill Runners	659	Simon Deeprise	Hastings
525	Elizabeth Conway	St. Leonards-on-Sea	592	Nick Cryne	Woking	660	Paul Deering	Hastings
526	Glenn Conway	St. Leonards-on-Sea	593	Gabor Csikos	Peacehaven	661	Nicola Degl'innocenti	Eastbourne
527	Ben Conway	St. Leonards-on-Sea	594	Will Cullen	St. Leonards-on-Sea	662	Jerome Deglinnocenti	Eastbourne
529	Paul Cooke	Pevensley	595	Freddie Cullen	SAMA	663	Gianluca Del-gaudio	Pevensley
530	Ian Cooke	queen's park harriers	596	Ella Cullis	St. Leonards-on-Sea	664	Pauline Delaney	Eastbourne
531	John Cooper	Westgate-On-Sea	597	Amelia Culshaw	Amelia Culshaw	665	Ryan Delaney	Colchester
532	Sarah Cooper	crowborough runners	598	Lucy Culshaw	St. Leonards-On-Sea	666	Shane Dellaway	Orpington
533	Marje Cooper	Hastings	599	Lauren Culliffe	Bexhill-On-Sea	667	Mike Delppeache	Hastings
534	Sarah Cooper	Crowborough	600	Mark Currah	Wadhurst Runners	668	Linda-Jean Delpport	Ashford
535	Roy Cooper	Heathfield Road runners	601	David Curran	Staplecross	669	Frances Delves	Hailsham Harriers
536	Amanda Cooper	Heathfield	602	Skye Curtis	Bexhill-on-Sea	670	Oliver Demaine	London
537	Catherine Cooper	Ripley	603	Duncan Curtis	vegan runners UK	671	Nuala Denham	Rye
538	Paul Cooper	Hastings runners	604	Brigid Curtis	Billingshurst	672	Andrew Denman	Hastings
539	Emma Copley	Battle Town FC Runners	605	James Curtis	Hastings	673	Chloe Dennis	Bexhill-on-Sea
540	Graham Corke	Hull	606	Dave Curtis	Hastings	674	Joseph Denny	St Leonards-on-sea
541	Stuart Corke	Tunbridge Wells Harriers	607	Lottie Curtis	Rye	675	Kelly DeRosa	Hastings runners
542	Lee Cornelius	Hastings	608	Tobias Cuthbert	Team Greggles	676	Alex Despotovic	London

677	Christa Dey-Girard	Maple Ridge	747	Emma Edmunds	Hastings	815	Chloe fielder	Hastings
678	Becca Di Francesco	St Leonard's on Sea	748	Alison Edney	horsham joggers	816	Nicole Filipow	London
679	Jean Dias	Bexhill-on-Sea	749	Andy Edwards	Eastbourne Run Wed	817	Mark Fincher	Hastings
680	Tracy Dickenson	Sevenoaks	750	Matthew Edwards	Haywards Heath	818	Chris Findlay-Geer	Polegate Plodders
681	Adam Dickson	St Leonards-on-Sea	752	William Edwards	Chester	819	Terry Finlay	Hastings
682	Charles Dickinson	Hastings	753	Petra Egan	London	820	Michaela Finlayson	Pulborough
683	Robin Dickinson	Hastings	754	Ben Eldridge	Bexhill-on-Sea	821	Maz Finn	Hastings
684	Amy Dickinson	Hastings	755	James Ellerington	Beckenham	822	Danny Firth	Hastings runners
685	Richard Dickson	Westerham	756	Kelly Elliott	Hullbridge runners	823	Craig Firth	St. Leonards-On-Sea
686	Colin Differ	Brighton	757	Joe Elliott	St. Leonards-on-Sea	824	Danny Firth	Hastings runners
687	Kev Dine	Hastings	758	Susan Elliott	St. Leonards-On-Sea	825	Harry Fisher	Eastbourne
688	Simon Dipple	St. Leonards-On-Sea	759	Stephen Ellis	Hove	826	Luke Fisher	Hastings
689	Phillip Distin	Turo	760	Andrew Ellis	Enfield	827	Todd Fitz-Hugh	HY Runners
690	Anthony Dixon	Hastings	761	Carly Elliston	Hastings	828	Vickey Fitzell	HY Runners
691	Mark Dobbs	St. Leonards-On-Sea	762	William Ellwood	Hastings	829	Festus Flaherty	Maidstone
692	Rebecca Dobbs	St. Leonards-On-Sea	763	Christopher Elms	Northwood	830	Faye Flaherty Martin	HY Hastings
694	Grant Docksey	Bexhill-On-Sea	764	Elizabeth Elms	Dartford	831	Amanda Fleet	Rye
695	Patrick Doidge	Bexhill-On-Sea	765	Jonathan Elson	Hove	832	Amanda Fletcher	vegan runners UK
696	Reuben Dommett	Steyning	767	Richard Ely	Robertsbridge	833	Martynt Flint	Crawley Saints & Sinners RC
697	Luke Donaghey	Hastings runners	768	Jerry Epton	St. Leonards-on-Sea	834	Brett Flitter	Brighton
698	Roy Donovan	Basildon	769	Lindsay Eriksson	Hastings	835	Joseph Florish	Bishopstoke
699	Alex Dooley	St. Leonards on sea	770	Billy Eriksson	Hastings	836	Helen Fogarty	London
700	James Dopson	Seaford Striders	771	Tracy Erridge	Hailsham Harriers	838	Helen Foord	Bexhill-on-Sea
701	Lucinda Dopson	Seaford Striders	772	Richard Escudier	St. Leonards-On-Sea	839	Ryan Foord	St. Leonards-on-Sea
702	Joseph Dorsett	London	773	Helen Escudier	St. Leonards-On-Sea	840	Paul ford	Cambridge Harriers
703	Glenn Douch	Rye	774	Francesco Esposito	St Leonards on sea	841	Angela Ford	Cambridge Harriers
704	Anna Douglas	Pevensye	775	Zane Etches	20:20 Running Club	842	Lianne Foreman	Bexhill-On-Sea
705	David Downes	Brighton	776	Sam Evans	Eastbourne	843	Fidelma Forrest	Beckenham
706	Danielle Downton	St. Leonards-on-Sea	777	Gareth Evans	Polegate	844	Jackson Forrester	Hastings
707	Simeon Drage	Hove	778	Sam Evans	Hastings runners	845	Dawn Forsythe	HASTINGS
708	Steve Drake	ggac	779	Sarah Evans	Bexhill on Sea	846	Kevin Foster	Newhaven
709	Henry Drake	Amman Valley Harriers	780	Rob Evans	Clwb Arth	847	Kieran Foster	Newhaven
711	Steve Drake	Guildford	781	Mark Evans	Eastbourne	848	Arnon Foster	Hastings
712	Dan Drake	St. Leonards-On-Sea	782	Rufus Evans	Hastings	849	Sarah Foster	Hastings
713	Iveta Dramova	Hastings	783	Graham Evans	Rogue Runners	850	Trevor Foster	Hastings
714	Kieran Dray	Battle	784	Eleanor Evans	Hartfield	851	Liam Foster	Bexhill-on-Sea
715	Matt Dray	Enfield	785	John Everest	crowborough runners	852	Marcus Foster	Hastings
716	Becci Driver	Bexhill-On-Sea	786	William Everett	London	853	Michelle Fox	St. Leonards-On-Sea
717	Sayavath Duangphrachanh	Vileneuve d'Asq	787	Lilian Everett	London	854	Dean Fox	Meads runners
718	Carrie Dubber	Hastings	788	Ben Evett	Bexhill-on-Sea	855	Graham Fox	St. Leonards-On-Sea
719	Steven Dudley	Brighton	789	Sidney Ewing	St Leonard's on sea	856	Corri Fox	Oxford
720	Matt Duffield	Tonbridge	790	Hannah Exley-myers	Hastings	857	Penelope Fox	Ashford
721	Chris Duffield	Tunbridge Wells	791	Hannah Eyre-Weeks	Run Club Bexhill	858	Lee Fox	St. Leonards-On-Sea
722	Terrance Dulake	London	792	Steph Faber	Portslade	859	Sara-jane Fox-tuck	Battle
723	Ariane Duncan	Hastings	793	Rachel Fagg	Cranbrook	860	Ian Foxall	Eastbourne
724	Lydia Dunham	Rye	794	David Fairclough	St. Leonards-on-Sea	861	Ross Frampton	Crowborough
725	Carina Dunk	Hastings	795	Kerry Fairless	Flyers Southend	862	Alex Francis	Ashford and District RRC
726	Sally Dunn	Robertsbridge	796	Luke Falconer	London	863	Luke Francis	Bexley/heath
727	Sally Dunn	Robertsbridge	797	Jez Fallon	Lancing	864	Callum Francis	barnehurst
728	Alison Dunn	Leigh on Sea Striders	798	Philippa Farrell	Tunbridge Wells	865	Hannah Franklin-Paines	Hastings
729	Lee Dunstall	Pevensye	799	Dan Farrow	London	866	Mandy Franks	Robertsbridge
730	Morwenna Dunstan	Plymouth	800	Louise Faulkner	St. Leonards-On-Sea	867	Lewis Fraser	Haywards Heath
731	Anna Dwyer	Brighton	801	Paul Fawcett	OTLEY	868	Ross Fraser-Smith	London
732	Sean Dwyer	Hastings runners	802	Catherine Fawcett	Otley	869	Tony Freebody	Eastbourne
733	Harry Dyer	Bexhill-on-Sea	803	Cathy Featherstone	London	870	Matthew Freeman	Bexhill-on-Sea
734	Tony Dyer	Epsom	804	Joanne Fellows	Hastings runners	871	Michael Freeman	Bexhill-On-Sea
735	Jason Earle-henson	Bexhill-On-Sea	805	Annette Felstead	HY Runners Hastings	872	Jenna Louise French	HY Runners
736	Aaron Eastman	Hastings	806	Phill Feltham	St. Leonards-On-Sea	873	Matthew French	West Wickham
737	Jim Easton	St. Leonards-On-Sea	807	Jade Feltham	St. Leonards-On-Sea	874	Kenneth French	Hastings Sub Aqua Club
738	Steve Easty	Run academy Worthing	808	Christian Feraud	8805 Richterswil	875	Jenna Louise French	Bexhill-On-Sea
739	Chris Eastwood	Bexhill-on-Sea	809	Zenaida Feraud-Pfisterer	8805 Richterswil	876	Simon French	Eastbourne
740	Tracy Eaton	Hove Homets	810	John Ferguson	Brighton	877	Joanne French	Seafrost shufflers
741	Gabriella Edir	Hastings	811	Lydia Ferrari Kehoe	Nottingham	878	Katherine Frere-Smith	Battle
743	Benjamin Edmonds	Cheadle	812	Barry Ferris	Belvedere	879	Wes Frewin	Newton Abbot
745	William Edmondson	Hastings Runners 335	813	Andy Field	Chipping Norton	880	Simon Friday	Sittingbourne Striders
746	Sean Edmunds	Hastings	814	Jake Field	London	881	Dan Friel	St. Leonards-on-Sea

882	Shane Friend	St Leonard's	953	Simon Gould	Uckfield	1019	Jamie Haines	Polegate
883	Shaye Frost	Punchout Boxing	954	Charlotte Gould	Uckfield	1020	Lee Haines	St. Leonards-on-Sea
884	Lewis Fry	Hastings	955	Rachel Gower	Hastings runners	1021	Simon Haizelden	Bexhill-On-Sea
885	Kim Fuller	Hastings	956	Paul Grabowski	Chippenhams Tri	1022	Mark Hall	Sevenoaks
886	Febienne Fuller	Grays	957	Damian Grabowski	Eastbourne	1023	Sharon Hall	Lewes
887	Harry Fuller	Mornington Chasers	958	Mark Gradwell	Staplehurst Running Club	1024	Richard Hall	Romney Marsh
890	Lauren Furbey	St. Leonards-On-Sea	959	James Graham	Bexhill Runners	1025	Louise Hall	St. Leonards-On-Sea
891	Paula Furbey	St. Leonards-On-Sea	960	Lola Graham	Hastings	1026	Stuart Hall	Oxted runners
892	Rebecca Futrall	Hastings	961	Samuel Graham	West Malling	1027	Caz Hall	Hastings runners
893	Elissa Fynes	Bexhill-on-Sea	962	James Graham	Bexhill-On-Sea	1028	Adrian Hall	Hastings runners
894	Jack Galliers	Ash	963	Sally Grainger	St. Leonards-On-Sea	1029	Dan Hall	Hastings
896	Leanne Gammon	Rye	964	Stewart Grant	Wigton	1030	Alan Hall	Northampton Road Runners
897	Alex Gancitano	Horley	965	Lisa Grass	Bexhill-On-Sea	1031	Michael Hallam	Eastbourne
898	Natalie Gardiner	Hailsham	966	Michael Grass	Bexhill-On-Sea	1032	David Hallam	London Heathside
899	Bill Gardiner	Hailsham	967	simon graves	Eastbourne	1033	Tom Halle	St. Leonards-On-Sea
900	Jeff Gardiner	Sittingbourne Striders	968	claire graves	Eastbourne	1034	Edward Hallett	Haywards Heath
901	Richard Gardiner	Eastbourne Run Wed	969	Rebecca Graves	Pevensey	1035	Sherry Hallmond	London
902	Finlay Garlick	Hastings runners	970	Alison Gray	Hastings	1036	Freddie Ham	Bexhill-on-Sea
903	Steve Garnett	Eastbourne	971	Stuart Gray	St. Leonards-on-Sea	1037	Fran Hamilton	Portslade Hedgehoppers
904	Siobhan Garvin	South Croydon	972	Ryan Gray	Eastbourne	1038	Jackie Hamilton	Gravesend
905	Steve Gasson	Cranbrook	973	Jordan Grayling	Hailsham	1039	Simon Hamilton	Worthing
906	Susannah Gates	Hastings	974	Leon Greck	Polegate	1040	Joshua Hamilton	Hastings
907	Laura Geal	Hastings	975	Jed Green	faversham running club	1041	Philip Hanaghan	Eastbourne
908	Louisa Geer	Hailsham Harriers	976	Megan Green	Hastings	1042	Thomas Hancox	Chelmsford
909	Gareth George	Epsom and Ewell Harriers	977	Andrew Green	Uckfield Runners	1043	David Hand	Hastings
910	Janet Gethin	Faversham	978	Chris Green	Hastings	1044	Conrad Hanlon-Gouveia	Hastings
911	Jamie Gibbons	Deal	979	Philip Green	Bexhill-On-Sea	1045	Lee Hannafor	March
912	Claire Gibbons	Stamford	980	Aaron Green	Hastings	1046	Paula Hannafor	March
913	Charlotte Gibbons	Stamford	981	Amanda Green	St Leonards on sea	1047	Yasmin Hannington	Poole
914	Michael Gibbons	Hove	982	Julie Greene	Sittingbourne Striders	1048	Jonathan Harden	Belfast
915	Christine Gibbons	Hove	983	Peter Greenhalgh	Hastings	1049	Charles Simmonds	Worthing Gazelles
916	Thomas Gibbs	London	984	David Greenslade	Winchelsea	1050	Olivia Harding	Battle
917	Jenna Gibson	Hastings	985	Arnie Gregory	Rolvenden	1051	David Harding	Hastings runners
918	Hannah Gibson	St. Leonards-On-Sea	986	Georgina Gregory	Rye	1052	Victoria Harding	Hastings
919	Emily Gibson	Uckfield	987	Darren Grice	Hailsham	1053	Coral Harding	Hastings
920	James Giddings	Southville Running Club	988	Tim Grice	Hailsham	1054	Simon Harding	St. Leonards-On-Sea
921	Polly Gifford	St. Leonards-on-Sea	989	Beverley Griffin	Cranbrook	1055	Kila Hardwick	St. Leonards-on-Sea
922	Lauren Gilbert	Bexhill on sea	990	Brendan Griffin	Oxted runners	1056	Miles Hardy	Southsea
923	Kevin Gilbert	Hastings	991	Connie Griffin	Hailsham Harriers	1057	Steve Hare	Brighton & Hove City AC
924	Joshua Gilbey	HY Runners	992	Mark Griffin	Bexhill-on-Sea	1058	Sophie Harley	London
925	Andrew Giles	St. Leonards-On-Sea	993	Evelyn Griffiths	Eastbourne	1059	Ben Harman	Sheerness
926	John Colin Gill	Llandrindod Wells	994	James Griffiths	JAMES'S griffiths	1060	Charles Harmer	stragglers
927	Maura Gill	Huddersfield	995	Gareth Griffiths	Reading	1061	Laura Harmer	Thames Ditton
928	Karen Gillett	Newhaven	996	Charlotte Griffiths	Cambridge	1062	Lucy Harper	HY Runners
929	Catherine Gilling	Hailsham Harriers	997	Amber Griggs	London	1063	Maggie Harper	Hastings
930	Dagmara Ginter	BRT Bexhill Runners	998	Markus Griggs	CrossFit Hunta	1064	Mrs Sarah Lowden	Lancing
931	Alex Gish	London	999	Nathan Grinham	Hastings	1065	Scott Harris	Tonbridge
932	Jessica Gissing	Hastings	1000	Michael Groombridge	Pitsea RC	1066	Nick Attwood	Rye
934	Kevin Gladwin	Thanet Roadrunners AC	1001	Laura Grove	Uckfield Runners	1067	Dean Harris	West Wickham
935	Nicola Glover	Sevenoaks	1002	Nigel Groves	Mote Runners	1068	Becky Harris	Eastbourne
936	Peter Goodbee	swanley and district a/c	1003	Kirstie Groves	Hailsham Harriers	1069	Jack Harris	Winchester
937	Jodie Goddard	Ashford	1004	Amy Gudgeon	Battle	1070	C Harris	Wadhurst Runners (Waddies)
938	Tim Godden	Rye	1005	Bill Guenigault	St. Leonards-on-Sea	1071	Janine Harris	Petts Wood Runners
939	Wayne Godfrey	Margate	1006	Liam Gunner	Eastbourne Rovers Ac	1072	Dan Harris	brighton phoenix
940	Karen Godley	Heathfield	1007	Ian Gurling	Saints and Sinners Crawley	1073	Jemma Harrison	Bexhill-on-sea
941	Wojtek Godzisz	St. Leonards-on-Sea	1008	Mala Gurung	Nepal Run UK	1074	Daniel Harrison	Canterbury
942	Dominik Golding	Battle	1009	Rob Guyatt	Chichester	1075	Laura Harrison	Hastings
943	Natasha Goldman	Glasgow	1010	Olivia Guyll	Battle	1076	Jo Harrod	St. Leonards-On-Sea
944	Lisa Goldsmith	Hailsham Harriers	1011	Irasema Guzman	Arena 80 AC	1077	Vanessa Harrold	Heathfield Road runners
945	James Goodgame	London	1012	Piers Haben	London	1078	Victoria Hart	Brighton
946	Ben Goodman	Bexhill-on-Sea	1013	Neil Hacon	Sittingbourne Striders	1079	Anthony Hart	Brighton
947	Michael Goodsell	Hastings	1014	Simon Haddon	Hailsham Harriers	1080	David Hart	Battle
948	Kate Goodsell	Hastings	1015	Audrey Haddon	Hailsham Harriers	1081	Ben Hart	East Grinstead
949	Keith Goodsell	Hastings	1016	James Haden	Nottingham	1082	Louise Hart	Battle
951	Holly Goodson	Winchelsea	1017	Greg Hadfield	Brighton	1083	Sarah Harvey	south kent harriers
952	Mirander Goodwin	Eastbourne	1018	David Haines	Brighton	1084	Andrea Harwood	Bexhill Runners

1085	Roy Harwood	Benfleet Running Club	1151	William Hirsr	Hastings	1218	Simon Hughes	Eastbourne
1086	Andrew Haslam	Brighton	1152	James Hirst	Victoria Park & Tower Hamlets AC	1219	Andy Hughes	vegan runners UK
1087	Rebecca Hassen	St. Leonards-on-Sea	1153	Kayleigh Hitch	Hastings	1220	Sarah Hughes	Hastings
1088	Jodi Haston	Epsom	1154	Zoe Hitchcock	Eastbourne Rovers AC	1221	Gareth Hulin	Suzannah Martin
1089	Philip Hatch	Hastings	1155	Amy Hitchman	Hastings	1222	Liam Hulle	Twickenham
1090	Jonathan Hatch	Hastings	1156	Jordan Hitchman	Hastings	1223	Gemma Humbles	Hastings
1091	Kris Havard	Etchingham	1157	Samantha Hitchman	Bexhill on sea	1224	Carol Humphrey	Eastbourne
1092	Pete Hawes	Hitchin	1158	Louie Hoad	St. Leonards-on-Sea	1225	Tony Hunnisset	St. Leonards-On-Sea
1093	Chris Hawkes	Born Ready Fitness	1159	Jack Hoad	St. Leonards-on-Sea	1226	Martin Hurry	Bexhill-On-Sea
1094	Natasha Hawkes	Hailsham Harriers	1160	Stacey Hoare	Sidcup	1227	Zak Hurst	Hastings
1095	Matilda Hawkins	Hastings	1161	Steven Hoath	St. Leonards-On-Sea	1228	Michael Husarz	Hailsham Harriers
1096	Andrew Hawkins	Peterborough	1162	Martin Hobbs	Brighton	1229	Alan Hutchings	Lonely Goat RC
1097	Scott Hawkins	Ashford Striders	1163	Paul Hobden	Hastings	1230	Jack Hutchinson	Seaford Striders RC
1098	Hannah Hayes	London	1164	Kyle Hobgen	St. Leonards-on-Sea	1231	Dan Hutton	Hastings
1099	David Hayes	Wadhurst Runners	1165	Stephen Hobson	St. Leonards-on-Sea	1232	Chloe Hutton	Bexhill-on-Sea
1100	Helen Hayes	Pontypool	1166	Owen Hodd	Hastings	1233	Amanda Hyde	Hove
1101	Michael Hayler	Hastings	1167	Jenn Hodd-Adams	Eastbourne	1234	Roger Hyland	scvac
1102	Dorian Hayes	Hastings runners	1168	Jane Hodge	Uckfield Runners	1235	Richard Ibell	London
1103	Emily Haynes	Bexhill On-Sea	1169	Nicky Hodge	Bexhill-On-Sea	1236	Stewart Ide	HY Running Club
1104	Janine Haynes	Saints & Sinners	1170	Nicky Hodge	St. Leonards-On-Sea	1237	Elizabeth Impey	Brighton
1105	Richard Hayoukane	Hastings	1171	Jo Hodges	Bexhill-On-Sea	1238	Kerry Ingram	Battle
1106	Jessica Hayward	Hastings runners	1172	Jean luc Hozz	Serpentine Rc	1239	Stephen Ingram	Hastings runners
1107	Jill Hazleton	Totton RC	1173	Lucy Hogg	Hastings	1240	Barry Ingram	Bexhill Runners
1108	John Hazleton	Stockport	1174	Peter Hogg	Hastings	1241	Sue Ireland	Sevenoaks
1109	Joshua Healey	Hastings	1175	Rebecca Holland	Eastbourne	1242	Fraser Irving	Tonbridge AC
1110	Peter Heath	Les Croupiers Running Club	1176	Adam Holland	Hastings	1243	Simon Irwin	St. Leonards-On-Sea
1111	Richard Heath	St. Leonards-On-Sea	1177	David Holland	Hastings	1244	Melanie Irwin	HY Runners
1112	Graeme Heaton	Heathfield Road runners	1178	Emily Holland	St. Leonards-on-Sea	1245	Dan Isted	Hastings
1113	Olivia Hedges	Battle	1179	Michael Hollands	St. Leonards-on-Sea	1246	Philip Jackson	Sheerness
1114	Robert Hedges	St. Leonards-On-Sea	1180	Caroline Hollands	Eastbourne	1247	Mark Jackson	St Leonards on Sea
1115	David Held	St. Leonards-on-sea	1181	Michelle Hollands	Hailsham Harriers	1248	Harry Jackson	St. Leonards-On-Sea
1116	Dave Hempshall	St. Leonards-On-Sea	1182	Christopher Hollands	St. Leonards	1249	Joshua Jackson	Hastings
1117	Mark Hemsley	Eastbourne	1183	Nigel Howellell	Run academy Worthing	1250	Sean Jackson	Penge CC
1118	Amy Henham	Bexhill-On-Sea	1184	Marcus Holloway	St. Leonards-On-Sea	1251	Deborah Jackson	Haywards Heath
1119	John Hennebery	Dover Roadrunners AC	1185	Sarah Holmes	Hastings	1252	Seyfu Jamaal	London Heathside
1120	Catherine Hennelly	Eastbourne	1186	Philip Holmes	Belvedere	1253	Danni James	St. Leonards-on-sea
1121	Fiona Henning	Beckenham	1187	Charlotte Holmes	faversham running club	1254	Karl James	Shirley James
1122	Nicole Henze	Run Wednesdays	1188	Martin Holt	London	1255	Ben Jarrett	Hastings
1123	Lisa Herbert	Crowborough	1189	Abi Holt	Eastbourne	1256	Ian Jarvis	Hastings
1124	Greg Herzberg	London	1190	Edward Hooton	St. Leonards-on-Sea	1257	Philip Jarvis	Robertsbridge
1125	Sue Hetherington	Hastings	1191	Sarah Hope	Orpington	1258	Hayden Jarvis	Tonbridge
1126	Clare Hewitt	Bexhill-On-Sea	1192	Claire Hope	Hailsham Harriers	1259	Vickie Jaworski	Hastings
1127	Gina Hewitt	Hastings	1193	Graham Hopgood	Hastings	1260	Mark Jean	Hastings
1128	Russell Hewlett	Seaford Striders RC	1194	Ben Hopkinson	London	1261	Hannah Jeanes	SAMA Martial Arts
1129	Lee Hewson	Eastbourne Rovers AC	1195	Sally Hornsby	Hastings	1262	Derek Jee	Tonbridge AC
1130	Nick Hibberd	Northampton Road Runners	1196	Emily Hornsby	St. Albans	1263	Callum Jefferson	SAMA
1131	Tom Hickey	St. Leonards-On-Sea	1197	Ricky Horscraft	Goodgym Worthing	1264	Nicola Jefferson	Milton Keynes
1132	Charli Hicks	St Leonard's on sea	1198	Ross Horsman	Hastings AC	1265	Ed Jeffery	Eastleigh
1133	Jeremy Hicks	Hastings	1199	Jack Hoskins	London	1266	Denise Jeffery	Wadhurst Runners
1134	Rebecca Higgins	Canterbury	1200	Samuel Hotham-Kellner	London	1267	Graeme Jeffery	Uckfield
1135	Stephen Higgins	London	1201	Katherine Howard	Eastbourne Rovers AC	1268	Neil Jeffries	Hastings runners
1136	Adam Higgins-Gooch	St. Leonards	1202	Charli Howard	London	1269	Neil Jeffries	Hastings
1137	Harry Higginson	Bexhill-On-Sea	1203	Charlie Howe	St. Leonards-on-Sea	1270	Frankie Jell	West Malling
1138	Ryan Higgs	Ashford	1204	Nicola Howie	St. Leonards-On-Sea	1271	Rob Jenkins	St. Leonards-On-Sea
1139	Tom Hilder	Bexhill-on-Sea	1205	Leslie Howson	Plumstead runners (25-30)	1272	Paul Jenkins	Bexhill-On-Sea
1140	Paul Hiles	Dartford	1207	Paul Hudson	London	1273	Tim Jenkins	Tunbridge Wells
1141	Adam Hill	Basingstoke	1208	Laura Huggett	Bexhill-on-Sea	1275	Jonathan Jenner	Battle
1142	Damian Hill	Hailsham	1209	Ronald Huggett	Hastings	1276	Paul Jenner	HY Runners
1143	Mark Hill	Heathfield Road runners	1210	David Huggett	Downham Market	1277	Charlotte Jensen	Hastings
1144	Lucy Hill	20:20 Running Club	1211	Phil Huggett-robinson	Hastings	1278	Jens-Peter Jensen	St. Leonards-on-Sea
1145	Alex Hill	Bexhill-on-sea	1212	Baz Huggett-robinson	Hastings	1279	Robin Jessup	Battle
1146	Kimbo Hills	St. Leonards-On-Sea	1213	Vanessa Hughes	St. Leonard's On Sea	1280	Rebecca Jest	Bexhill-on-Sea
1147	Elliott Hills	Sidcup	1214	Bob Hughes	Lewes AC	1281	Susan Jirbandey	HASTINGS
1148	Michael Hillsdon	LONDON	1215	Jane Hughes	LONDON	1282	John Anthony Johnson	Gloucester
1149	Nicola Hilton	Hove Hornets	1216	Jane Hughes	London	1283	Fionn Johnson	Battle
1150	Elizabeth Hilton	Lewes	1217	Tyler Hughes	Hastings	1284	Vanessa Johnson	Etchingham

1285	Martin Johnson	London	1352	Reza Khalesi	Battle	1418	Stefan Le Breuille	Hastings
1286	Reece Johnson	New Romney	1353	Rose Rawdha Khalifaoui	Hastings runners	1419	Chloe Le fay	Hastings AC
1287	Eve Johnson	Bedford	1354	Callum Kilbey	Bexhill-on-Sea	1420	Michael Lea	Somerton
1288	Douglas Johnston	Hastings	1355	Darren Kilby	Heathfield	1421	Katherine Lea	Somerton
1290	Kingsley Jollands	Hastings	1356	Jack Kilby	Hastings	1422	Steven Leabon	Bexhill-On-Sea
1291	Trevor Jones	Seaford	1357	John Killeen	Hastings	1423	Lianne Leakey	Hailsham Harriers
1292	Steven Jones	Hastings	1358	Lesley Kilner	Henfield joggers	1424	Diane Leaver	Crowborough
1293	Rhod Jones	HASTINGS	1359	James Kilvington	Uckfield	1425	Rachel Leewith	St. Leonards-On-Sea
1294	Ewan Jones	Battle	1360	Oliver King	London	1426	Thomas Lee	Cranbrook
1295	Emma Jones	HY Runners	1361	Joseph King	Hastings	1427	Thomas Lee	Lossiemouth
1296	Debbie Jones	Wiltshire	1362	Yolanda King	Hastings	1428	Peter Lee	Eastbourne
1297	Benjamin Jones	St. Leonards-On-Sea	1363	Bethany King	Gravesend	1429	Becky Lee	St. Leonards-on-Sea
1298	Tim Jones	Dulwich runners	1364	Ian King	Seafrost shufflers	1430	Vicky Lee	St. Leonards-on-Sea
1299	Frances Jones	London	1365	Dave King	Hasting Runners	1431	Caron Lee	HORSHAM
1300	Mandy Jones	Tewkesbury	1366	Victoria Kingshott	Hastings	1432	Charlotte Leek	Orpington
1301	Sarah Jones	Eastbourne	1367	Matthew Kingsnorth	Sidcup	1433	Christopher Leek	Orpington
1302	Taryn Jones	Hastings	1368	John Kirkwood	Tunbridge Wells	1434	Katy Leek	Orpington
1303	Chris Jones	Pevensy	1369	Irene Kitson	Hastings Runners	1435	Andrea Lees Farrell	Sittingbourne Striders
1304	Damien Jones	Maidstone	1370	Lawrence Knapp	Sidcup	1436	George Legg	no club
1305	Lindsey Jones	St. Leonards-On-Sea	1371	Kate Knight	St. Leonards-on-Sea	1437	Romain Lemaire	Mouvaux
1306	Shae Jones	Eastbourne	1372	Simon Knight	Bexhill-on-Sea	1438	Florentin Lemaire	Unirun59
1307	Harriette Jordan	Grantham	1373	Robert Knight	Ewell	1439	Julien Lemaire	London
1308	Phillip Jordan	Sleaford	1374	Chris Knight	Sandwich	1440	Lynne Lemmis	gosport road runners
1309	Gemma Jordan	Hastings	1375	Peter Knight	Hastings	1441	Sallie Lennon-Eaton	Hastings
1310	Doug Jordan	Hastings	1376	Jim Knight	Coulsdon	1442	Stephen Leslie	Hove
1311	Jacquelyn Jubert	London	1377	Alex Knight	Robertsbridge	1443	Kevin Lever	Heathfield
1312	Tim Jukes	brighton phoenix	1378	Karl Kobylka	Bexhill-On-Sea	1444	Jenna Levett	Hastings Athletics club
1313	Jesse Jury	St. Leonards-on-Sea	1379	Zuzana Kokes	Kingston upon Thames	1445	Paul Levitt	Hastings
1314	Christopher Jury	Hastings	1380	Marie Konrad	Gillingham	1446	Caroline Levy	Pitsea RC
1315	Edward Kahlow	Bexhill-on-Sea	1381	Michal Kot	Horley	1447	Ronald Levy	Swanley
1316	Katharine Kaminski	St. Leonards-On-Sea	1382	Terry Krejzl	Lewes	1448	Rebecca Lewis	Brighton
1317	Andrii Karabak	Tunbridge Wells	1383	Silvana Kroni	Bexhill-On-Sea	1449	Neal Lewis	Meads runners
1318	Evgenia Katsoni	Eastbourne	1384	Sebastian Kwarciany	Eastbourne	1450	Blossom Lewis	St. Leonards-On-Sea
1319	Evgenia Katsoni	Eastbourne	1385	Dan Lafferty	Hastings	1451	Emma Lewis	Eastbourne
1320	Claire Kavanagh	Tonbridge	1386	Ryan Laker	Battle	1452	Caroline Lewis	Sittingbourne
1321	Paul Kaye	Hastings	1387	Paul Lambert	Hastings runners	1453	Gareth Lewis	Sittingbourne Striders
1322	Mantas Kazlauskas	Thornton Heath	1388	Johanna Lambourne	Hastings	1454	Kate Lewis	Hastings runners
1323	Daniel Kearley	Hastings	1389	Joe Land	Team Bodyworks	1455	Rachel Liles	Eastbourne Rovers Ac
1324	Nicola Kearns	HY Runners	1390	Ines Landa	Battle	1456	Annie Lilley	Eastbourne
1325	Nicholas Keeble	London	1391	Octavia Landy	St. Leonards-on-Sea	1457	Helen Lillyman	Maidstone
1326	Jane Keen	High Peak	1392	India Landy	Bexhill-on-Sea	1458	James Ling	Faversham
1327	Amanda Keen	battle	1393	Stephen Langdown	West Wickham	1459	Chris Little	Eastbourne
1328	Stuart Keen	High Peak	1394	Ashley Langford	Tonypanyd	1460	Victoria Little	Pevensy
1329	Stuart Keen	Goyt valley striders	1395	Rosie Lanyon	Wallingford	1461	Cathy Little	Cranbrook
1330	Harrison Keith	Crowborough	1396	James Lanyon	Wallingford	1462	Reggie Littler	Rye
1331	Oli Kellett	Hastings	1397	Jamie-Rose Larkin	London	1463	David Littley	Hailsham
1332	Ronan Kelly	Hastings	1398	Anna Larner	Orpington Road Runners	1464	Rachel Lloyd	Notts Women Runners
1333	Simon Kelly	Mosman	1399	William Last	Netherfield	1465	Lynn Loader	Bexhill on Sea
1334	Tess Kelly	Bexhill-on-Sea	1400	Tom Lau	St. Leonards-on-Sea	1466	Nikki Loats	Eastbourne
1335	Anita Kelsey	Hastings	1401	Henry Laughton	London	1467	Oliver Lockwood	HYRunners
1336	Stephanie Kemp	Hastings runners	1402	Ricky Lavender	Bexhill on sea	1468	Michael Lockwood	Eastbourne Rovers
1337	Phillip Kemp	St. Leonards-on-Sea	1403	Dylan Laverick	St. Leonards-on-Sea	1469	Andy Long	Carshalton
1338	Albert Kemp	Wadhurst Runners	1404	Emily Laverick	Hastings	1470	Jessabel Lotter	London
1339	Mark Kemsley	Amersham	1405	Cara Law	Crawley	1471	Martin Loughnane	London
1340	Matt Kennard	Tunbridge Wells	1406	Peter Lawless	Bexhill-On-Sea	1472	Donna Louister	Brighton
1341	Jeanette Kenneally	Brighton & Hove AC	1407	Pete Lawless	Bexhill-on-Sea	1473	Joseph Lovelock	N/A
1342	Nickolaj Kennett	St. Leonards-On-Sea	1408	Hannah Lawrence	Nottingham	1474	Claire Lowry	St. Leonards-On-Sea
1343	Sam Kenney-Herbert	Olivia Bellak	1409	Mark Lawrence	Bishop's Stortford RC	1476	Kate Ludden	Hastings
1344	Katie Kent	Hastings Hulks	1410	Jon Lawrence	Haywards Heath	1477	Christopher Luesley	Worthing
1345	Colin Kent	Canterbury Harriers	1411	Nathan Lawrence	Tonbridge	1478	Delme Luff	TFN Triathlon Club
1346	Siobhan Keppler	St. Leonards-on-Sea	1412	Rob Lawrence	Hastings	1479	Natalia Luke	Hastings
1347	Gergo Kertesz	Eastbourne	1413	Claire Lawrence	Eastbourne	1480	Connor Luke	St. Leonards
1348	Joanna Kervick	London	1414	Derek Laws	orpington road runners	1481	Muchinyarawo Lukhezo	London
1349	Simon Key	Hastings	1415	Gemma Lawson	Hailsham	1482	Jamie Lusted	Hastings
1350	Thomas Key	Exeter	1416	Adam Lawson	Hailsham	1483	Jared Lusted	Bexhill-on-Sea
1351	Megan Key	St. Leonards-on-Sea	1417	Becky Lawton	Colchester	1484	Scott Lynch	Ashford and District RRC

1485 Mike Lynch	Tunbridge Wells	1521 Tracey Marsden	Eastbourne	1554 Tony Mattison	Crossgates Harriers
1486 Stuart Lynn	Crystal Palace Fun Runners	1522 Nicola Marsden	Eastbourne	1555 Graham Mattison	Ulleskelf
1487 Adam Mabb	Bexhill-on-Sea	1523 Kirsty Marsden	Hastings	1556 David Mattison	Leeds
1488 Rebecca Mabon	HY Runners	1524 John Marsh	St. Leonards-On-Sea	1557 Anton Mauve	Sevenoaks
1489 Maria Macdonald	Cambridge Harriers	1525 Liam Marsh	Bexhill-On-Sea	1558 Josh May-westlake	Hastings
1490 Daniel Macdonald	Bexhill-on-Sea	1526 Toby Marsh	Rye Runners	1559 Kieran mayhew	Battle
1491 Daniel Mace	Shoreham-By-Sea	1527 Daniel Marsh	St. Leonards-On-Sea	1560 Sharon Mayhew	St. Leonards-On-Sea
1492 Amanda Machin	Folkestone	1528 Al Marshall	Eastbourne	1561 Matt Maynard	Hastings
1493 Vilmente Maciokiene	St. Leonards	1529 Nicola Marshall	Hastings	1562 mike mcandrew	Medstead
1494 Mark Mackenzie	Clwb Arth	1530 Ben Marshall	Etchingham	1563 Vincent McArdle	Dublin
1495 Wendy MacLean	Hastings	1531 George Marshall	Hastings runners	1564 Björn McAteer Dahlberg	Hastings
1496 John Madden	Tonbridge AC	1532 Samuel Marston	Hastings	1565 Ben Mccallion	HY Runners
1497 Rachel Madders	Battle	1533 John Martin	Robertsbridge	1567 Trudy Mccarthy	Eastbourne
1499 Barry Mahon	Bexhill-On-Sea	1534 James Martin	Watford Joggers	1568 Martin McConnell	Dover road runners
1500 George Major	Coastal Striders	1535 Thomas Martin	Hastings	1569 Katherine Mccorry	Lewes
1501 Ella Malcolm	St. Leonards-on-Sea	1536 Jamie Martin	Polegate Plodders	1570 Debbie McDermott	Tri Tempo Eastbourne
1503 Emma Maloney	Lliswery Runners	1537 Jane Martin	Skegness & District RC	1571 Joe McDonald	Seaford
1504 John Maloney	Lliswery Runners	1538 Laura Martin	Hastings	1572 Mat McDonnell	St Leonards-On-Sea
1505 Fenella maloney	Run Wednesdays	1539 Claire Martin	St. Leonards-On-Sea	1573 Neil McDonnell	Reigate Priory AC
1507 Chris Mammone	Hastings	1540 Catherine Martin	Bexleyheath	1574 Kim McGowan	Hastings
1508 Philippa Mancini	Crystal Palace Fun Runners	1541 Sarah Marzaoli	Hastings runners	1575 Samantha McGuire	Woking
1509 Katie Manley	Hailsham Harriers	1542 Sally Mason	Run s	1576 Dayle McGurk-Henry	St. Leonards
1510 Susan Mann	Hastings runners	1543 Karey Mason	Rye	1577 Bryan McHugh	Worthing
1511 Edward Mann	Tonbridge	1544 James Mason	Crawley	1578 Graeme McIntosh	Wadurst Runners
1512 Joshua Mann	St Leonards-On-Sea	1545 Nathaniel Mason	Battle	1579 Kirby McKay	Robertsbridge
1513 Jack Mannell	St. Leonards-on-Sea	1546 Pete Mason	Hastings	1580 Nicola McKay	Robertsbridge
1514 Steve Manwaring	Hastings	1547 Tshepho Mati	Uckfield	1581 Catherine McKean	Troon Tortoises AC
1515 Claire Maplesden	Hastings	1548 Tiou Mati	Uckfield	1582 Stuart McKenzie	Eastbourne Run Wed
1516 Jessica Mapson	Hastings	1549 Monica Mateske	Wadhurst Runners	1583 Sonny Mckenzie	HY Runners
1517 Jamie Marchant	Heathfield	1550 Arthur Matthews	Arunners R.C	1584 Paul McLaughlin	Steyning
1518 Roy Marchant	Leamington Spa	1551 Judith Matthews	brighton phoenix	1585 Ann McMahon	Crystal Palace Fun Runners
1519 Lisa Marks	Hastings	1552 Katy Matthews	Bexhill-on-Sea	1586 Quinn McManus	Hastings
1520 Oliver Marks	Hastings	1553 Jack Matthews	Bexhill Runners	1587 Phillip McManus	Crowborough

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1588 Naomi Mcmaster	Hastings	1655 Bob Moran	London	1722 Chris Newland	Robertsbridge
1589 Ann McMurray	Battle Town FC Runners	1656 Gina Morelli	Eastbourne	1723 Carl Newman	Colchester
1590 Ben McNeill	Battle	1657 Gavin Morgan	Chipping Norton	1724 Ollie Newman	HY Runners
1591 Ben McNicol	St. Leonards-on-Sea	1658 Justin Morgan	St. Leonards-On-Sea	1725 Cassandra Newman	Robertsbridge
1592 Rosa McSweeney	St. Leonards-on-Sea	1659 Robert Morgan	London	1726 Hayley Newman	Gravesend
1593 Claire McSwiney	St. Leonards-on-Sea	1660 April Morgan	Chipping Norton	1727 Karl Newton	Rye
1594 Eric McWilliams	N/A	1661 Sara Morley	Walkers2Runners	1728 Karl Newton	Rye
1595 Jordan Meacher	N/A	1662 Jennifer Morley	Robertsbridge	1729 Wayne Nicolls	Winchelsea
1596 James Mead	Croydon	1663 Claire Morley	Eastbourne	1730 Ben Nice	Hastings
1597 Dawn Mead	Eastbourne	1664 Sophie Morris	Rye	1731 Julia Nice	Hastings
1598 Jack Meadows	Washington Ave.	1665 Reuben Morris	Eastbourne	1732 Josh Nice	Hastings
1599 Luke Mehdi	Hythe	1666 Matthew Morris		1733 Beverley Nichol	Bexleyheath
1600 Marine Mercier	London	1667 Gareth Morris	HY Runners	1734 Shaun Nickless	Robertsbridge
1601 Sophie meredith	Hastings	1668 Andrew Morris	Bodiam	1735 Geoffrey Nilsson	Robertsbridge
1602 John Mervyn-Thomas	Brighton	1669 Jayne Morris	Hailsham Harriers	1736 David Nixon	Rye
1603 Samantha Mewett	St. Leonards-On-Sea	1670 Luke Morris	Saisbury	1737 Carla Nolan	Ashford
1604 Jonathan Mewett-Mayer	Brighton	1671 Roy Morris	London	1738 Carla Nolan	Beginners2Runners
1605 Richard Meyer	Seafrost shufflers	1672 Matthew Morris	St. Leonards-On-Sea	1739 Jamie Noone	London
1606 Edmund Middleton	Bexhill-On-Sea	1673 Greg Morrison	St. Leonards-on-Sea	1740 Katie Noone	London
1607 Matthew Mileham	Lossiemouth	1674 Richard Morrison	Sittingbourne Striders	1741 Philippa Norridge	Runhead AC
1608 Gary Miles	Bexhill Runners & Triathletes	1675 Dean Morrison	Hastings	1742 Oliver Norris	Battle
1609 Georgina Miller	Hastings	1676 Dave Morrow	Hastings runners	1743 Mark Norris	Milton Keynes
1610 Ellie Miller	Hastings runners	1677 Emily Morse	Eastbourne	1744 Michael Norris	St. Leonards-On-Sea
1611 Matthew Miller	Hastings runners	1678 Leon Morton	HY Runners	1745 James North	St. Leonards-on-Sea
1612 Charlotte Miller	RAW Runners	1679 Connor Morton	Battle	1746 Lucy North	St Leonards on Sea
1613 Amanda Miller	Tonbridge	1681 Kieran Moss	St. Leonards-on-Sea	1747 Sally Northrop	Pevensey
1614 Mart Miller	St. Leonards-on-Sea	1682 Kevin Moulding	Eastbourne	1748 Daniel Northrop	Pevensey
1615 Isaac Miller	Hastings	1683 Amy Moule	St. Leonards-on-Sea	1749 Jack Norton	Pevensey
1616 Keith Miller	Rye Runners	1684 Martin Moulton	Bishop's Stortford	1750 Claire Nunn	St. Leonards-on-Sea
1617 Barry Miller	Hastings	1685 Robert Mouzer	Motley Crew Runners	1751 Rafael Nuthall	Nottingham
1618 Adam Millerick	St. Leonards-on-Sea	1686 Gaius Moyce	St. Leonards-on-Sea	1752 Hugh Nuthall	Yateley
1620 Jody Mills	Hayes	1687 Kieron Moyce	St. Leonards-on-Sea	1753 Andrew O'Leary	Tonbridge
1621 Freddie Mills	Hastings	1688 Ben Muggridge	Hastings runners	1754 Ciaran O'Neill	London
1622 Daniel Mills	St. Leonards-On-Sea	1689 Wesleygh Mulder	Wadhurst	1755 Victoria O'Sullivan	Serpentine
1623 Tom Mills	Battle	1690 Gemma Mulhern	Hailsham Harriers	1756 Sheila O'Toole	BRIGHTON
1624 Damien Mills	Eastbourne	1691 James Mullan	Brighton	1757 Sheila O'toole	Brighton
1625 Stuart Mills	Uckfield Runners	1692 David Mullen	London Frontrunners	1758 Connor O'Brien	Hastings
1626 Chris Millward	London	1693 Timothy Mulligan	Hastings	1759 Sally O'Grady	vegan runners UK
1627 James Miriam-Batchelor	Battle	1694 Patrick Mulligan	Hastings	1760 Oliver O'Reilly	London
1628 Gavin Miskelly	Arunners R.C	1695 Rachael Mulvey	HY Runners	1761 Helen O'Sullivan	Hailsham Harriers
1629 Nicola Mitchell	Bexhill-On-Sea	1696 Theresa Mummary	Hastings runners	1762 Danny Oak	St. Leonards-on-Sea
1630 George Mitchell	Reading	1697 Helen Munday	Hastings runners	1763 Kyle Oakes	Folkestone
1631 maria mitchell	HY Runners	1698 Nathan Munn	Bexhill-on-Sea	1764 Glenn Oakman	Hastings
1632 Teresa Mitchell	Eastbourne Rovers Ac	1699 Andrew Murduck	London	1765 Sam Oconnell	London
1633 Jade Mitchell	Pevensey	1700 Laura Murphy	Stockport	1766 Helen Ogden	St. Leonards-on-Sea
1634 Laura Mitchell	HY Runners Hastings	1701 Simon Murray	Northampton	1767 Louise Ogrady	Dartford
1635 Lucy Mitchell	HOVE	1702 Tania Murray	Tri Tempo Eastbourne	1768 Elin Ohlsson	ÖRSUNDSBRO
1636 Greg Mitchell	Bexhill-on-Sea	1703 Joe Murray	St. Leonards-on-Sea	1769 Jut Karin Ohlsson	St Leonards on Sea
1637 Millie-mae Mitchell-pointer	St. Leonards	1704 Arthur Mylott	Ashford	1770 David Oldfield	Hastings
1638 Paul Moir	St. Leonards-On-Sea	1705 Gemma Nagy	Eastbourne Run Wed	1771 Tyler Oleary	Hastings
1639 George Molnar	Edinburgh	1706 Rick Nainby	East Grinstead Tri Club	1772 Helen Oneil	ROCHESTER
1640 Emily Molton	Brighton	1707 Brad Najair	St. Leonards-on-Sea	1773 Trixie Oon	London
1641 Nigel Molton	faversham running club	1708 Mehboob Nanji	Hastings runners	1774 Sam Orford	Tunbridge wells
1642 Jane Molton	Bexhill-on-Sea	1709 Grace Naphtali	Belper	1775 William Orr	Hastings
1643 Alistair Montague	Shoreham-by-Sea	1710 Paul Nash	St. Leonards-on-Sea	1776 Harry Orsbourne	St Leonards On Sea
1644 James Moody	Slightly Squiffy Runners	1711 June Nash	St. Leonards-on-Sea	1777 Marion Osborn	Bexleyheath
1645 Jane Moon	Felixstowe Road Runners	1712 Rob Naylor	Glossop	1778 Vincent Osborne	St. Leonards-On-Sea
1646 Claire Moor	Heart & Sole Runners	1713 Robert Naylor	Glossop	1779 Michael Osborne	Portsmouth Triathletes
1647 Andrew Moore	Hailsham Harriers	1714 Gary Nazer	Southminster	1780 Akin Oshoko	St. Leonards-on-Sea
1648 Ricky Moore	Bexhill-on-Sea	1715 Samantha Neame	Hailsham Harriers	1781 Jayne Osullivan	Maidstone
1649 Ian Moore	Rebel Runners Medway	1716 Helen Neary	Wadhurst	1782 Robert Otley	London
1650 Peter Moore	Caterham	1717 Rachel Needham	London	1783 Jan Ottevaere	Loopclub Grijsloke
1651 Emma Moore	Battle	1718 Calin Negroiu	Eastbourne	1784 Robert Ould	St. Leonards-On-Sea
1652 Margarita Moore	Yeovil Town RRC	1719 Stephen Newbury	Battle	1785 Claire Overfield	Bexhill-on-Sea
1653 Michelle Moore	Hastings	1720 Andrew Newby	Hove Hornets	1786 Richard Overton	Hastings
1654 Joseph Moore	Hastings	1721 Andrew Newby	Hove Hornets	1787 Darren Owen	Hastings runners

1788	Matt Owen	Hastings	1854	Chris Pentney	East Grinstead Triathlon	1921	Rob Prime	Bexhill-on-Sea
1789	Darren Owen	Hastings	1855	Hanna Pepe	St. Leonards-on-Sea	1922	Tim Primrose	Bexhill-On-Sea
1790	Becky Oxendale	Hastings	1856	Stephen Pepperrell	Athletico Bacardi	1923	Wayne Prince	HY Runners
1791	David Pack	London	1857	Harrison percival	St Leonard's on sea	1924	Laurie Probert	Tonbridge A.C.
1792	Natalie Packham	Bexhill-on-Sea	1858	Gareth Perry	Rogue Runners	1925	Hugo Prudent	London
1793	Aaron Padgham	Scarborough AC	1859	Richard Perry	Eastbourne	1926	Jade Prust	Hastings
1794	Laura Paganini	BROMLEY	1860	Marc Perry	St. Leonards-on-Sea	1927	Helena Ptolomey	Coatbridge
1795	Adam Page	St. Leonards-on-Sea	1861	Ella Perry	Eastbourne Rovers Ac	1928	Julian Punch	Tonbridge
1796	Nicholas Page	BROMLEY	1862	Nick Perry	Hastings	1929	Keith Punnett	Folkstone
1797	Rich Page-Matkin	Rye	1863	Lianne Peterkin	Crystal Palace Fun Runners	1930	Graham Purdie	Polegate
1798	Tony Pain	Winchelsea	1864	Emily Peters	Hastings	1931	Graham Purdie	Hailsham Harriers
1799	Michelle Pain	St. Leonards-On-Sea	1865	Paul Pettet	Lonely Goat RC	1932	Gareth Purves	Hastings
1800	Wayne Painter	Robertsbridge	1866	David Pettitt	Uckfield Runners	1933	Mollie Puttick	Hastings
1801	Sue Palmer	Hastings runners	1867	Jacqui Phazey-Baines	Manchester Frontrunners	1934	Jeff Pyrah	Rye
1802	Matthew Palmer	Hastings	1868	Chris Philcox	Billericay	1935	Matthew Pysden	Team Bodyworks XTC
1803	Ian Palmer	Tonbridge	1869	Stephanie Philipps	Pensby Runners	1936	Chloe Queested	Hastings
1804	Wayne Palmer	Grays	1870	James Phillips	Ashford and District RRC	1937	Sue Quincey	St. Leonards-On-Sea
1805	Emily Pannell	St. Leonards-On-Sea	1871	Kim Phillips	St. Leonards-On-Sea	1938	Sally Quinell	Hastings runners
1806	Andrew Panteli	London	1872	Adam Phillips	St. Leonards-On-Sea	1939	Paul Rackstraw	Hastings
1807	Larna Pantrey-Mayer	Brighton	1873	Mark Phillips	Bexhill-On-Sea	1940	Daniel Rains	London
1808	Hattie Park	London	1874	Kim Pierce	Hastings	1941	Guy Ramage	Hastings runners
1809	Ben Park	St. Leonards-On-Sea	1875	Benjamin Pierce	St. Leonards-on-Sea	1942	Sophie Ramsden	Hastings
1810	Kerry Parker	Eastbourne	1876	Jane Pike	Hastings	1943	Andrea Randall-smith	St. Leonards
1811	Tom Parkinson	Andover	1877	Alia Pike	Bexhill On Sea	1944	Daniel Ratnarajah	St. Leonards-On-Sea
1812	Katie Parkinson	Andover	1878	Georgina Pike	Rye	1945	Tracy Ratnarajah	St. Leonards-On-Sea
1813	Emma Parks	St. Leonards-On-Sea	1879	Rich Pilbeam	Bexhill-on-Sea	1946	Daniel Ratnarajah	Hastings runners
1814	Gavin Parks	St. Leonards-On-Sea	1880	Roberto Pineiro-Varela	Croydon	1947	Tracy Ratnarajah	Hastings runners
1815	Daniel Parnell	St Leonard's on sea	1881	Christopher Piper	Hastings runners	1948	Philip Read	Chelmsford
1816	Alfred Parris	Lewes	1882	Stuart Piper	HY Runners	1949	Deborah Read	HY Runners
1817	Michelle Parris	St. Leonards-On-Sea	1883	Matthew Pitts	St. Leonards-on-Sea	1950	PAUL READ	Hastings
1818	Chris Parry-Morris	Eastbourne	1884	Robert Pluck	B2R harrietsham	1951	Kerri Reader	St. Leonards-On-Sea
1819	Oliver Parsons	Hastings	1885	Mark Plumley	New Romney	1952	Isabelle Reames	Grantham
1820	Neil PaTrick	Crowhurst	1886	Michael Plummer	St. Leonards-On-Sea	1953	Maria Reardon	Gravesend
1821	Chaz Parvez	Worthing	1887	Mark Pollard	Heathfield	1954	Shantel Redfern	Shepperton Running
1822	Lauren Pascoe	Hastings	1888	Daniela Pontonutti	Sevenoaks	1955	Mark Redman	Battle
1823	Daniel Pascoe	Hastings	1889	Colin Poole	Brighton	1956	Danyll Redsell	Hastings
1824	Lorna Paszke	Bexhill-On-Sea	1891	Dee Poole	Polegate	1957	Barney Reed	Gorilla Robes
1825	Andy Patching	Sittingbourne Striders	1892	Jack Sands	Mitcham	1958	Tiffany Reed	Hastings
1826	Vanessa Patching	Sittingbourne Striders	1893	Keeley Pope	Eastbourne	1959	Alec Reed	Erith
1827	Sanjay Patel	Reading	1894	Mark Pope	Hailsham Harriers	1960	Freya Reed	St. Leonards-on-Sea
1828	Tom Paterson	Glasgow	1895	Denise Pope	HEATHFIELD	1961	Becky Reed	St. Leonards-on-Sea
1829	Oliver Paterson	Hailsham Harriers	1896	Julian Pope	Worthing	1962	Paulette Reed	Erith
1830	Angus Paterson	Run The Mix	1897	Gary Pope	Hailsham	1963	Andrew Parkinson	Heart & Sole Runners
1831	Dan Patient	Tonbridge	1898	Melanie Porter	Bexhill-on-Sea	1964	Lucinda Reese	Bexhill-on-Sea
1832	Guy Pattison	Lewes	1899	Mark Porter	Tunbridge Wells	1965	Mark Reese	Bexhill-on-Sea
1833	Toby Patton	EASTBOURNE	1900	Max Porter	Hastings runners	1966	Richard Parkinson	Andover
1834	Jacqueline Patton	HY Hastings Runners	1901	Tony Potter	Lonely Goat RC	1967	Beth Reeves	Battle
1835	Ward Paula	St. Leonards-On-Sea	1902	Mark Poulton	Meads runners	1968	Daniel Regelous	Hastings
1836	Leeland Pavey	Hailsham Harriers	1903	Ben Powell	Robertsbridge	1969	Sylvain Regereau	St Leonards on Sea
1837	Ben Pawley	Eastbourne Rovers	1904	Natasha Powell	Ashford	1970	Abigail Reid	Eastbourne
1838	Izzabella Payne	Dad	1905	Matt Powell	Hastings	1971	Louise Reid	Hastings
1839	Germaine Payne	Crowborough	1906	Joanna Powell	Hastings runners	1972	Ruth Reilly	Stevenage
1840	Andrew Peabody	Grantham	1907	Melanie Powell	south kent harriers	1973	Jeff Reif	Battle
1841	Oliver Pears	N/A	1908	Royd Powell	south kent harriers	1974	Dominic Richards	Bexhill-on-Sea
1842	Will Pearson	Leeds	1909	Melanie Powell	south kent harriers	1975	Hannah Richards	Hastings
1843	Bradley Peart	Kings Lynn	1910	Denise Power	100 Marathon Club	1976	Alexander Richardson	Chatham
1844	Jennifer Peart	King's Lynn	1911	Stephen Power	Hastings	1977	Rebecca Richardson	Hastings runners
1845	Robert Peers	Sevenoaks Athletics Club	1912	Alice Power	N/A	1978	Yock Lin Richardson	Hastings runners
1846	Tina Peini	Heart and soul running group	1913	Ian Pratt	EASTBOURNE	1979	Jon Richardson	Maidstone
1847	Ed Peltor	Tunbridge wells	1914	Jeffrey John Prestridge	Serpentine Rc	1980	Will Richardson	Horsham
1848	Dave Pendleton	Hastings	1915	Tom Price	Hailsham Harriers	1981	Ben Richardson	St. Leonards-on-Sea
1849	dave pendleton	Hastings runners	1916	Susan Price	Epsom	1982	Pete Richardson	Lewes
1850	Emma Penfold	Sittingbourne Striders	1917	Kieran Price	Hastings runners	1983	Adrian Richardson	Southampton
1851	Karin Penning	Tunbridge Wells	1918	Tom Price	Hove	1984	Molly Richardson	St. Leonards-On-Sea
1852	Bob Pentland	portsmouth joggers	1919	Dan Price	Brighton	1985	Scott Richford	Hastings
1853	Debbie Pentland	portsmouth joggers	1920	James Price-Townsend	St. Leonards	1986	Steve Rickard	Oripington

1987	Dave Ridehalgh	Eastbourne	2058	Arlene Sawyers	Hastings	2130	Charlotte Sisson	Maidstone
1988	Nick Ridgway	Hastings	2059	Dale Saxby	Hailsham	2131	Katie Skelton	Bexhill-on-Sea
1989	Helen Ridley	Eastbourne Rovers	2060	Jo Saxby	Hastings AC	2132	Tracey Skinner	Taunton
1990	Tony Riley	Eastbourne	2061	Giorgia Sayer	St. Leonards-on-Sea	2133	Darren Skinner	Uckfield Runners
1991	Duncan Riordan	Paddock Wood AC	2062	Liam Sayer	Battle	2134	Vicky Skinner	Uckfield Runners
1992	Matthew Ripley	St. Leonards-On-Sea	2063	Lewis Sayer	Rye	2135	Jimmy Sladden	HY Runners
1993	Kay Ritson	Kay Ritson	2064	David Sayer	Cranbrook	2136	David Slater	St. Leonards-On-Sea
1994	Joshua Rix	St. Leonards-On-Sea	2065	Bradley Sayer	Rye	2137	Paul Slidel	Hastings
1995	James Roast	Hastings	2066	Johnny Sayer	St. Leonards-On-Sea	2138	Natasha Slow	Hastings
1996	Kelly Roast	St. Leonards-On-Sea	2067	Roland Scarlett	London	2139	Ben Small	Hastings
1997	Louise Roberts	London	2068	Hugh Scarlin	Chatham	2140	Lee Smart	Romney Marsh
1998	Andy Roberts	Maidstone	2069	David Schofield	NCYC	2141	Gabrielle Smart	Queens Park Harriers
1999	Paul Roberts	Ealing Eagles Running Club	2070	Jaqueline Scott	Hastings runners	2142	Philip Smart	Hastings
2000	James Roberts	Meads runners	2071	Jim Scott	Crawley	2143	Jamie Smart	Romney Marsh
2001	Jonathan Roberts	Surbiton	2072	Will Scott	Eastbourne	2144	Kevin Smith	Uckfield Runners
2002	Shirley Roberts	Surbiton	2073	Norman Scott	Arena 80 AC	2145	Ryan Smith	Hastings
2003	Anthony Robertson		2074	Harry Scott	BRT	2146	Maria Smith	Heathfield Road runners
2004	Phil Robinson	Seaford Striders RC	2075	Laura Scott	Hastings	2147	Ben Smith	Battle
2005	Tracey Robinson	Heathfield Road runners	2076	Andy Scott	Bexhill-on-Sea	2148	Ronald Smith	Sittingbourne Striders
2006	Nicholas Robinson	Haywards Heath	2077	M Scott	Eastbourne	2149	Kirsten Smith	Fordy Runs Running Club
2007	Mark Robinson	Heathfield Road runners	2078	Robert Scott-Stewart	Tonbridge	2150	Michael Smith	Bexhill-On-Sea
2008	Stuart Robinson	St. Leonards-on-Sea	2079	Lewis Sealy	St. Leonards-on-Sea	2151	Jodie Smith	Hastings
2009	Mandy Robinson	Hastings	2080	Patrick Sealy	Dorking	2152	Emma Smith	Hastings
2010	Emily Robinson	St. Leonards-On-Sea	2081	Laura Seaman	vegan runners UK	2153	Louise Castleman	HY Runners
2011	Kayleigh Robinson	Dover road runners	2082	Alexandra Searle	Knivsta	2154	Giles Smith	Leigh-on-Sea
2012	Nigel Robinson	St. Leonards-On-Sea	2083	Jo Selling	Battle Town FC Runners	2155	Stephen Smith	Rye
2013	Wendy Robson	Hailsham Harriers	2084	Antonia Selway	East Sussex	2156	Shane Smith	Eastbourne
2014	Konor Roche	Norwich	2085	Heather Semple	St. Leonards-On-Sea	2157	Robert Smith	Arena 80AC
2015	Mark Rodrigues	Hastings	2086	Olya Sergeeva	St. Leonards-On-Sea	2158	Deanne Smith	Hastings
2016	Darren Rogers	Rye	2087	Antonio Serrano	Bexhill Runners	2159	Gary Smith	Oxted runners
2017	Hannah Rogers	Rye	2088	Rebecca Servian	N/A	2160	Joseph Smith	vegan runners UK
2018	Caroline Rose	St. Leonards-on-Sea	2089	Andrew Sewell	St. Leonards-on-Sea	2161	Roseanna Smith	Bexhill-on-Sea
2019	Luke Rose	Sidcup	2090	Pat Sexton	TUNBRIDGE WELLS	2162	Paul Smith	Rye
2020	Jack Rose	Stafford	2091	Catherine Sexton	Crawley	2163	Gary Smith	Hailsham Harriers
2021	Clements Rosy	Hastings AC	2092	Karen Seymour	Sittingbourne Striders	2164	Yunis Smith	Hastings
2022	Helen Rothermel	Hastings	2093	Stacey Shand	Snodland	2165	Stephen Smith	Orpington
2023	Nicola Rouse	Chatham	2094	Lily Share	Hastings	2166	Joanne Smith	HY Runners Hastings
2024	Jim Rowe	Run Wednesdays	2095	Owen Sharp	Dean Street Devils RC	2167	Liam Smith	Maidenhead
2025	Chris Rowe	Bognor Regis	2096	Ryan Sharp	Burgess Hill	2168	Phil Smith	Eastbourne
2026	Paul Rowland	St Leonard's On Sea	2097	Katie Sharrad	Maidstone	2169	Matt Smith	Bexhill Runners & Triathletes
2027	Thomas Rowson	London	2098	Rachel Shaw	Folkestone	2170	Peter Smith	Plymouth
2028	Charles Rowson	London	2099	Robert Shaw	Saffron Walden	2171	Luke Smith	Belgrave Harriers
2029	Cynthia Royer	East Sussex	2100	James Shaw	Hastings	2172	James Smith	London
2030	James Royston	London	2101	Freya Sheam	Ely	2173	Charlie Smith	Hastings
2031	Andy Ruffell	Hailsham Harriers	2102	Christopher Shearwood	Metros RC	2174	Charlie smith	St. Leonards-on-Sea
2032	Sean Ruffell	Bexhill-on-Sea	2103	Grace Sheppard	Rye	2175	Stew Smith	Hastings
2033	Dily Ruffer	Bournemouth	2104	Amy Sheppard	Hastings	2176	Hannah Smithson	Tonbridge
2034	Jasmine Russell	Hastings	2105	Harriet Sheridan	Wadhurst Runners	2177	Nuala Smyth	arunners rc
2035	Freddy Russell	London	2106	Simon Sherrington	N/A	2178	Martin Snape	Hastings runners
2036	Christian Ryan	Hastings	2107	Steve Shimmons	Eastbourne	2179	Jess Snape	Hastings
2037	Bronwyn Ryan	Seaford Striders	2108	Claire Shimmons	Eastbourne	2180	Iain Sneddon	London
2038	Peter Rye	Rye	2109	Benjamin Short	Eastbourne	2181	Jessica Snell	Run Mummy Run CRC
2039	B Rye	Run academy Worthing	2110	Andy Short	Run Wednesdays	2182	Kellie Snow	Newhaven
2040	Stephen Saidu	Brighton	2111	Josh Shortt	Hastings	2183	Anna Sofia	Tickenham
2041	Ben Sallows	St. Leonards-On-Sea	2112	Neil Shuttleworth	Robertsbridge	2184	Liz Solomon	Reigate
2042	Ben Sallows	Hastings runners	2113	Michael Sidhom	London	2185	Henry Solomon	Reigate
2043	Tracy Salmon	Hastings	2114	Frank Silva	St. Leonards-On-Sea	2186	Mary Soul	St. Leonards-On-Sea
2044	Jeremy Sankey	Bexhill Runners	2115	John Simcox	Hastings runners	2187	Matt Southam	Hailsham
2045	Kelly Sapsford	High Peak	2116	Rob Simmonds	Pulborough	2188	Catherine Southgate	Hastings
2046	William Sapsford	St. Leonards-on-Sea	2117	Kurt Simmonds	Hastings	2189	Stephen Sowden	Bexhill-on-Sea
2047	Robert Sarjeant	Seaford Striders	2118	Loewy Simmons	London	2190	Jamie Sparkes	St. Leonards-on-Sea
2048	Neeley Satchwell	Folkestone	2119	Nicholas Simmons	N/A	2191	Jake Sparkes	St. Leonards-on-Sea
2049	Stephen Satchwell	Ilfracombe	2120	Milo Simmons	Bexhill-On-Sea	2192	Lou Sparks	Bexhill-on-Sea
2050	Jackie Saull-hunt	Battle	2121	Katherine Simmons	Seaford Striders	2193	Hannah Spears	Polegate
2051	Dale Saunders	Bexhill-on-Sea	2122	Craig Simpson-Smith	Crawley	2194	Carlton Spears	Polegate
2052	Jon Saunders	Running Punks	2123	Victoria Sims	St. Leonards-On-Sea	2195	Molly Spears	Hastings
2053	Marcus Saunders	St. Leonards-On-Sea	2124	Jordan Sims	St. Leonards-On-Sea	2196	Charlie Spelina	London
2054	Steve Saunders	Eastbourne	2126	Cale Sinfield	St. Leonards-On-Sea	2197	Tom Spence	Hastings
2055	Edmund Saunders	Sevenoaks AC	2127	Debbie Sinfield	Bexhill-On-Sea	2198	Cathy Spence	Bristol
2056	Tom Saunters	Battle	2128	Ginette Sinnott	London	2199	Antony Spencer	Brighton
2057	Nick Savage	Hatfield	2129	Manon Sirere	Unirun59	2200	Jan Spencer	St. Leonards-On-Sea

2201	Yan Spencer	Eastbourne	2252	Zoe Storrar	Leigh on Sea Striders	2300	Joe Taylor	London
2202	James Sperring	St Albans	2253	Claire Stovell	Bexhill-On-Sea	2301	Ian Taylor	Tadworth
2203	Harry Sperring	Haywards Heath	2254	Danny Strahl	Hastings	2302	Ellie Taylor	Brighton
2204	Jessica Spicer	Eridge	2255	Henry Straiton	Hastings	2303	Steven Teale	Seaford Striders RC
2205	Jamie Spiers	St Leonards On Sea	2256	Milo Stratford	Hastings	2304	Ida Teixeira	Run Wednesdays
2206	Sam Spiers	Rye	2257	Dan Stratford	WESTFIELD	2305	Simon Terry	Bexhill-On-Sea
2207	Ruth Spiller	Hastings runners	2258	Katie Straw	Ticehurst	2306	Susan Tester	Hastings
2208	Jamie Spillett	Chatham	2259	Jorge Stride	St. Leonards-On-Sea	2307	Mark Tewkesbury	Hastings
2209	Jamie Spillett	Chatham	2260	Matt Stripp	Haywards Heath	2308	Simon Theobald	Fortly Runs
2210	Craig Spooner	Romney Marsh	2261	Gemma Strivens	Bexhill-on-Sea	2309	Scott Thirkettle	Hastings
2211	Steve Sprague	Seaford Striders	2262	Tom Strivens	Bexhill-on-Sea	2310	Anna Thirkettle	Hastings
2212	Ollie Sprague	Seaford Striders	2263	Ronaldo Stroppa	West Drayton	2311	Sian Thomas	Rebel Runners Medway
2213	Leanne Spring	Hastings	2264	Emma Stubbs	St. Leonards-on-Sea	2312	Harvey Thomas	Hastings
2216	Toby Stace	HY Runners	2265	Lee Stunell	Eastbourne	2313	Nicola Thomas	Amman Valley Harriers
2217	Scott Stacey-Clark	Rye	2266	David Suddes	Tonbridge AC	2314	Nicola Thomas	Ammanford
2218	Andrew Stadden	runners rc	2267	Trudie Suggitt	Hastings	2315	Neil Thomas	Wadhurst Runners
2219	Steven Stanley	Hastings runners	2268	Louie Sullivan	Hastings	2316	Rob Thomas	Hastings runners
2220	Patrick Stapleton	Lancaster	2269	Melissa Sumner	St. Leonards-on-Sea	2317	Thomas Thomas A Giles	Hastings
2221	Viki Stapley	Hastings	2270	Andrew Surrey	Etchingham	2318	Stephen Thompsett	Heathfield RR
2222	Simon Starkey	Burgess Hill	2271	Jason Surridge	Bexhill-on-Sea	2319	Nicky Thompsett	Heathfield RR
2223	Helge Starp	Firedepartment Hamburg	2272	Tom Sutton	London	2320	Mike Thompson	Eastbourne Rovers Ac
2224	Mark Stattersfield	Eastbourne Rovers Ac	2273	Matthew Swain	Eastbourne	2321	Summa Thompson	Hastings
2225	Ben Steadman	Hastings	2274	Eleanor Swaine	St. Leonards-On-Sea	2322	Nick Thompson	Hastings
2226	James Steatham	kent ac	2275	Joanna Swap	Bexhill Runners	2323	Alex Thompson	Bexhill-on-Sea
2227	Ann Steele	N/A	2276	Ben Sweeney	Snodland	2324	Jake Thompson	Bexhill-On-Sea
2228	Liam Steer	Bexhill-On-Sea	2277	Kerry Swinden	Norwich	2325	Michael Thomson	Tonbridge AC
2229	Jill Stephens	Harvel Hash House Harriers	2278	Andrew Swindles	Wadhurst	2326	Lia Thomson	Hastings
2230	Katie Stephens	Meads runners	2279	Paul Swinnerton	Seaford Striders RC	2327	Michael Thomson	Brighton
2231	Rachael Stephens	Pevensey	2280	Gamal Tadros	Hastings	2328	David Thornby	Maidstone Kent
2232	Matthew Stephens	Hastings	2281	Mark Talbot	Sedlescombe	2329	Nigel Thornely	East Sussex
2233	Hugh Stephenson	Hastings runners	2282	Rebecca Tamlyn	Croydon	2330	Matthew Tidmarsh	Robertsbridge
2234	Leanne Stevens	St. Leonards-on-Sea	2283	Sam Tanner	Hastings	2331	Alice Tigwell	Hastings runners
2235	Jez Stevens	Bexhill-on-Sea	2284	Allison Tanner	St. Leonards-On-Sea	2332	Natasha Tigwell	Battle
2236	Peter Stevens	Brighton	2285	Julian Tapp	Southend-on-Sea	2333	Paula Tiller	Seaford Striders RC
2237	John Stevens	Sevenoaks	2286	Neal Tappenden	Dover	2334	Jamie Tiltman	Bexhill-on-Sea
2238	Clare Stevens	London	2287	Rahib Tarafder	Wembley	2335	Colin Timmins	Tunbridge Wells Harriers
2239	Angus Stewart	Tunbridge Wells	2288	Byron Tassoni-resch	Robertsbridge	2336	Keith Tinker	Tewkesbury
2240	Rebecca Stewart	Hastings	2289	Kevin Taylor	Chessington Unity Running	2337	Robin Tipling	Tunbridge Wells
2241	Michael Stewart	Maidstone	2290	Mark Taylor	Tonbridge	2338	Carl Titherly	Eastbourne
2242	Sarah Stewart	Hastings runners	2291	Nancy Taylor	Robertsbridge	2339	Andrew Titherly	Polegate
2243	Jake Stewart	Hastings	2292	Suzannah Taylor	Heathfield Road runners	2340	Angela Tobin	St. Leonards-On-Sea
2244	Nick Stickels	CRANBROOK	2293	Billy Taylor	Evo Triathlon Club	2341	Julia Toby	St. Leonards-On-Sea
2245	Nicky Stiles	Hastings	2294	Mark Taylor	Tunbridge Wells Harriers	2342	Ben Tolfree	Pett
2246	Ryan Still	Bexhill-on-Sea	2295	Sarah Taylor	Chatham	2343	Sarah Tolley-cloke	Hastings
2247	James Stock	Tunbridge Wells	2296	Emma Taylor	Bexhill On Sea	2344	Leif Tomasson	London
2248	Guy Stockwell	Brighton	2297	Luiza Taylor	St. Leonards-on-Sea	2345	David Tomlinson	Ashford & District RRC
2250	Lloyd Stone	20:20 Running Club	2298	Holly Taylor	Tunbridge Wells Harriers	2346	Roger Tomlinson	St. Leonards-On-Sea
2251	Will Stone	London	2299	Simon Taylor	Robertsbridge	2347	Amanda Toudeur	Bexhill-On-Sea



2348 Geoff Tondeur	Bexhill-On-Sea	2398 Jane Upton	Eastbourne	2448 Chloe Walker	Malvern
2349 James Topham	Sittingbourne Striders	2399 Leah Upton	Eastbourne	2449 Mike Walker	Bexhill-On-Sea
2350 Stephen Torode	St Leonards-On-Sea	2400 Chloe Upton	Bexhill-on-Sea	2450 Lauren Walker	Leatherhead
2351 Kirsten Torrance	Bexhill-On-Sea	2401 Lee usherwood	HY Runners Hastings	2451 Alex Wallace	Bognor Regis
2352 Laura Torrance	St. Leonards-On-Sea	2402 Shaun Utting	St. Leonards-on-Sea	2452 Kristal Wallace	Bognor Regis
2353 Richard Towner-Roethe	Hastings runners	2403 Steve Utting	St. Leonards-On-Sea	2453 Joe Wallace	St. Leonards-on-Sea
2354 Hannah Towner-Roethe	Hastings runners	2404 Matthew Vaight	Sunbury-on-Thames	2454 Martha Walsh	Lewes
2355 Victoria Townsend	Polegate Plodders	2405 Alex Valentine	Rushden	2455 Juliette Warburton	Hastings
2356 Susan Townshend	St. Leonards-on-Sea	2406 Debra Van Aalst	St. Leonards-On-Sea	2456 Laura Ward	Bexhill Runners & Triathletes
2357 David Townshend	Hastings runners	2407 Michelle Van Der Knaap	Pevensey	2457 Amy Ward	Newbury
2358 Helen Tozer	Hastings	2408 Ron van Heuvelen	Seaford Striders RC	2458 Martin Ward	Bexhill on sea
2359 Helen Tozer	Heart & soul running group	2409 Liam Vandamme	Victoria Park Harriers AC	2459 Aleksandra Ward	White Cliffs RC
2360 Conal Tracey	Hastings runners	2410 Bart Vandendriessche	Loop	2460 Emily Ward	BEXHILL-ON-SEA
2361 Alex Traill	London	2411 Jean-Marie Vandenheede	Loopclub Grijsloke	2461 Emma Wareham	Hastings runners
2362 Helen Treadgold	Tonbridge	2412 Lore Vandenheede	Loopclub Grijsloke	2462 David Wares	Hastings
2363 Kelly Trebell	St. Leonards-On-Sea	2413 Fanny Vansteenbrugge	Loopclub Grijsloke	2464 Nick Warren	Winchelsea
2364 Julie Tremlin	Eastbourne	2414 Michelle Vardell	Seaford Striders RC	2465 Kathryn Warren	Seaford Striders
2365 Julie Tremlin	Seaford shufflers	2415 Andrew Vaughan	London	2466 Laura Warren	Run Wednesdays
2366 Emma Trenaman	Polegate	2416 Jenny Vaughan	Oxted	2467 Tommy Warren	Eastbourne
2367 Nina Trevarthen	Crawley Saints & Sinners RC	2417 Tim Vaughan	Oxted	2468 Austin Warren	Seaford Striders RC
2368 Billy Trickett	Bexhill-on-Sea	2418 Joanna Vaughan	Hastings	2469 Robin Warwick	Hailsham Harriers
2369 Alison Trill	St. Leonards-On-Sea	2419 Dan Vaughan	Arena 80 AC	2470 Andrea Wass	Leeds
2370 John Troy	Road Runners Club	2420 Tim Veal	Saint Leonards-on-sea	2471 John Waterhouse	Hy Runers
2371 Mick Troughton	Hove	2421 Peter Veale	Peter Veale	2472 Ian Waters	Bexhill-on-Sea
2372 Sharon Tuck	Edinburgh	2422 Richard Vercoe	Run Wednesdays	2473 Dan Watson	St Leonards
2373 Caroline Tudor	Heathfield	2423 Matthew Vickers	Hastings	2474 Sarah Watson	Hastings
2374 Lisanne Tullett	Sittingbourne Striders	2424 Scott Vickers	Hailsham	2475 Daryl Watson	Hastings
2375 Darren Tuppen	Hastings runners	2425 Rebekah Viles	Bexhill-On-Sea	2476 Teresa Watson	Sittingbourne Striders
2376 Simon Turgoose	Bromley	2426 Dale Vinal	Battle	2477 Merryn Watson	Hastings
2377 Tara Turgoose	Bromley	2427 Leo Vincent	London	2478 Penny Watson	Hastings
2378 Louis Turgoose	Bromley	2428 Russell Vincent	St. Leonards-on-Sea	2479 Barbara Wattiez	St leonards on sea
2379 Benny Turgoose	Bromley	2429 Steve Vine	Hailsham	2480 Rhys Watts	Folkestone
2380 Jake Turner	Hastings	2430 Ailsa Vinson	Battle	2481 Tracey Watts	Cranbrook
2381 Stephen Turner	Hastings	2431 Philip Visick	Eastbourne	2482 Mark Waughman	St. Leonards-on-Sea
2382 Jonathan Turner	Crawley	2432 Seren Vivian	Battle	2483 Peter Waughman	St.leonards on sea
2383 Richard Turner	Tonbridge	2433 Ashley Vora	St. Leonards-On-Sea	2484 Lloyd Waughman	St. Leonards-On-Sea
2384 Dave Turner	Bexhill-On-Sea	2434 Lewis Wadhams	Saint Leonards-on-sea	2485 Neil Way	Sittingbourne Striders
2385 Heidi Turner	Hastings	2435 Sharon Wadhams	Hastings runners	2486 Sean Webb	Eastbourne
2386 Lee Turner	Wadhurst Runners	2436 Paul Wadhams	Hastings runners	2487 Ryan Webb	St. Leonards-on-Sea
2387 Ben Turner	N/A	2437 Michael Waite	Battle Runners	2488 Matthew Webb	Hove
2388 Stephen Tyler	South Croydon	2438 Guy Wakeford	Wadhurst	2489 Rebecca Webbe	Hastings
2389 Anna Tyler	Bexhill-on-Sea	2439 Wan Sze Walbridge	Wadhurst Runners	2490 Shaun Webster	Hailsham Harriers
2390 Stephen Tyler	South Croydon	2440 May Wali	Rawfit	2491 Andrew Wedmore	Robertsbridge
2391 Derek Tyrrell	Henfield Juggers	2441 Harry Walker	Battle	2492 Matthew Weeks	Winchelsea
2392 Fathema Uddin-Khatun	East Sussex	2442 George Walker	Malvern	2493 Chris Weeks	Hastings
2393 Nicholas Ullah	Eastbourne	2443 Charlie Walker	Hastings	2494 Craig Weeks	St. Leonards-On-Sea
2394 Kerry Underdown	Tonbridge	2444 Jack Walker	Croydon	2495 Sarah Weeks	Hastings
2395 Marion Underdown	Bexhill-on-Sea	2445 David Walker	Reading	2496 Karen Weighall	Caterham
2396 Jasmine Underwood	Hastings	2446 Tom Walker	St. Leonards-on-Sea	2497 Matthew Welch	Hastings
2397 Sam Unwin	Hailsham	2447 Kate Walker	Tonbridge	2498 Hannah Welch	St. Leonards-on-Sea



2499	Samantha Welfare	Hasting Runners	2570	Laura Williams	Heathfield	2643	David Yates	London
2500	David Welfare	Petts Wood Runners	2571	Guy Williams	Heathfield Road runners	2644	Tom Yates	Polegate
2501	Adam Weller	Hastings runners	2572	Kathryn Williams	Uckfield Runners	2645	Ann York	Battle
2502	Timothy Wellman	Westerham	2573	Lee Williams	Hailsham Harriers	2646	Samantha Youell	Eastbourne
2503	Timothy Wellman	N/A	2574	Nick Williamson	St. Albans	2647	Janice Young	Hastings runners
2504	Matt Wells	Hastings	2575	Jeannine Williamson	Eastbourne	2648	Janice Young	Hastings runners
2505	Lisa Wells	Hastings	2576	Nick Williamson	St Albans	2649	Patrick Young	Woodbridge
2506	Luke West	Eastbourne	2577	Sarah Willingham	Sheerness	2650	Mick Young	Brighton
2507	Beata West	Orpington	2578	Zoe Willis	St. Leonards-on-Sea	2651	Linda Young	Heart & Sole Runners
2508	Graham West	Uckfield Runners	2579	Sue Willis	Sittingbourne Striders	2652	Angus Young	St. Leonards-on-Sea
2509	Dave West	dulwich runners ac	2580	Josh Willis	Bexhill-on-Sea	2653	Lisa Yousefi	Brighton
2510	Deborah Weston	Battle	2581	Paul Willis	Battle	2654	Fiona Yurteri	BRT
2511	David Westworth	Heathfield	2582	Paul Willis	Romney Marsh	2655	Kenan Yusuf	Bexhill
2512	Penelope Weyman	Eastbourne Rovers AC	2583	Katie Wilmshurst	Hailsham	2656	Jonathan Zinn	N/A
2513	Ian Whale	St. Leonards-On-Sea	2584	Matthew Wilson	Worthing	2657	Paul Zipperien	Bexhill Runners
2514	Stephen Whalley	St. Leonards-on-Sea	2585	Erica Wilson	St. Leonards-On-Sea	2658	Billy Alexander	Hastings
2515	Dave Wharton	Eastbourne	2586	Rebecca Wilson	HY Runners Hastings	2659	James Allen	Bexhill Runners & Triathletes
2516	Howard Whatford	Tunbridge Wells	2587	Celia Wilson	Hastings	2660	Rob Allen	Cranbrook
2517	Aimee Whatford	Hastings	2588	Zena Wilson	Hastings	2661	Lizzie Allen	Cranbrook
2518	Philippa Wheatley	Tunbridge Wells	2589	Anthony Wilson	Wadhurst Runners	2662	Daniel Allen	St. Leonards-on-sea
2519	Tom Wheatley	brighton phoenix	2590	Grant Winborn	Fordy Runs Running Club	2663	Michael Anderson	Crowborough
2520	Peter Wheeler	St. Leonards-On-Sea	2591	Kyrsty Winch	Hastings	2664	Chris Ashby	Eastbourne Run Wednesday
2521	Jenny Whelan	Pevensey	2592	Elisha Winchester	Hastings	2665	Mick Bacon	Vegan Runners
2522	Michele Whiffen	Leatherhead	2593	Benisa Winchester	Hastings	2666	Mark Barham	St. Leonards-on-Sea
2523	Jacky White	Eastbourne	2594	Donna Winchester	St. Leonards-On-Sea	2667	Damian Basey	Bishop's Stortford
2524	Sam White	Hastings	2595	Giorgio Wingrove	St. Leonards-on-Sea	2668	Karl Beaney	St. Leonards-on-Sea
2525	Christopher White	Hastings	2596	Karin Winlof	London	2669	Luc Bellerose	Hastings runners
2526	Ashley White	Hastings	2597	Steven Winmill	Beginners 2 runners	2670	Richard Benn	HY Runners Hastings
2527	Emma White	Hove	2598	Alex Winn	Battle	2671	Paula Bilsby	Hastings
2528	Sara White	St. Leonards-On-Sea	2599	Isabel Winter	Rye	2672	Natasha Binns	Hastings
2529	Emily White	Bexhill-On-Sea	2600	Paige Wise	HY	2673	Hayley Bird	Heart and Sole Runners
2530	Paul White	Dartford	2601	Kathy Wise	Battle	2674	Christopher Blackman	Eastbourne
2531	Rob Whitehouse	Bexhill-On-Sea	2602	Matthew wiseman	Hastings	2675	Alex Blackman	Bexhill-on-Sea
2532	Lucy Whitticase	Graveney Running Club	2603	Will Whithcombe	Hastings runners	2676	Lucy Blewett	FRRC
2533	Maitlida Whittingham	London	2604	Richard Withers	Tunbridge Wells Harriers	2677	Kevin Blowers	Hastings runners
2534	Terry Whyman	Bexhill on sea	2605	Stuart Withers	Brighton	2678	David Mark Boreham	Hastings runners
2535	David Whyman	Bexhill-On-Sea	2606	Loz Wond	St. Leonards-on-Sea	2679	Paul Bradbury	Rye
2536	Chris Wigmore	HY Runners Hastings	2607	Frank Wood	Polegate Plodders	2680	Martin Breslin	Tonbridge
2537	Rachel Wigmore	HY Runners	2608	Derrick Wood	Pevensey	2681	Joseph Brister	Bexhill On Sea
2538	Charles Wiggall	Birmingham	2609	Paul Wood	Hastings	2682	Ethan Bristow	St. Leonards-on-Sea
2539	Leanne Wilkes	Bexhill-on-Sea	2610	Dan Wood	St Leonards on Sea	2683	sonny brock	Hastings
2540	Kimberley Wilkins	Bexhill-On-Sea	2611	Susanna Wood	Hastings	2684	Tracy Brown	Hastings runners
2541	Poppie Wilkins	Bexhill-On-Sea	2612	Naomi Wood	Bexhill-On-Sea	2685	Nigel Bulmer	bromley veterans ac
2542	Ali Wilkins	Bexhill-On-Sea	2613	Paul Wood	Shoreham-By-Sea	2686	Shana Burchett	St. Leonards-on-Sea
2543	Nicholas Wilkins	Eye Community Runners	2614	Steven Wood	Hastings runners	2687	John Burns	Brighton
2544	Nick Wilkins	Peterborough	2615	Paul Wood	Shoreham-by-Sea	2688	Billy Burt	Westerleigh Judokwai
2545	Rosalind Wilkins	Eastbourne	2617	Molly Wood	London	2689	Kathy Butler	Hastings
2546	Terry Wilkinson	London	2618	Mark Wood	St. Leonards-on-Sea	2690	Paul Calderbank	Winchelsea
2547	Jacob Wilkinson	Hastings runners	2619	Vanessa Wood-mewett	St. Leonards	2691	Sydonie Cartledge	Hastings
2548	Caroline Wilkinson	Chichester	2620	Kate Woodbridge	Ashford AC	2692	Victoria Chandler	Cranbrook
2549	Sarah Wilkinson	Hastings	2621	Jez Woodham	Eastbourne	2693	Manami Cheves	Hastings runners
2550	Kevin Wilkinson	Bexleyheath	2622	Glenn Woodhurst	Battle	2694	Paul Clarke	Hastings
2551	Lizanne Wilkinson	Bexleyheath	2623	Andy Woodhurst	Bexhill on sea	2695	Kirsty Clegg	Andover
2552	Sophie Willard	Rye	2624	Matt Woodward	St Leonard's-on-sea	2696	Dave Coates	Maverick Run Project
2553	George Willard	Bexhill-On-Sea	2625	Alys Woodward	Battle	2697	Amanda Cooper	As Striders
2554	Sam Willett	St. Leonards-On-Sea	2626	Hannah Woolf	Polegate	2698	Kat Cowley	Hastings
2555	Jackie Willett	St. Leonards-On-Sea	2627	David Woollard	Heathfield Road runners	2699	Kaz Crane	London
2556	Joe Willett	St. Leonards-On-Sea	2628	Steven Wootton	Hastings	2700	Tom Crathern	Bexhill-on-Sea
2557	Adam Williams	Tonbridge	2629	Paul Woman	Hailsham	2701	Catherine Crombie	Bexhill Runners
2558	Michael Williams	Labc runners	2630	Phil Wright	Norwich	2702	Ros Daintree	Hailsham Harriers
2559	Lola Williams	Hastings	2631	Luisa Wright	Hastings	2703	Marie Damarra	Polegate
2560	Paul Williams	Sittingbourne Striders	2632	Annie Mae Wright	Barks & The London RC	2704	robert dennis	hastins runners
2561	Alison Williams	Sittingbourne Striders	2633	Dave Wright	St. Leonards-on-Sea	2705	sular Dicker	Tunbridge Wells
2562	James Williams	Beckenham	2634	Philp Wright	Eastbourne	2706	Lieven Dieussaert	Oudenaarde Fire Brigade
2563	Louise Williams	Hailsham Harriers	2636	Alice Wright	Bexhill-On-Sea	2707	Rachael Edwards	Bexhill-on-Sea
2564	Paul Williams	Hastings	2637	Thomas Wright	Bexhill-on-Sea	2708	Jo Edwards	Hastings runners
2565	Kate Williams	Bexhill-on-Sea	2638	Jackson Wu	London	2709	Charlotte Elliott	Bexhill Runners
2566	Sadie Williams	St. Leonards-On-Sea	2639	Ashley Wynn	Battle	2710	Jake Ennis	Hastings
2567	Ian Williams	Tonbridge	2640	Justin Wynne	Hastings	2711	Isabelle Everest	Westerleigh Judokwai
2568	Ross Williams	Bexhill-on-Sea	2641	Penny Yarwood	Hullbridge runners	2712	Thomas Farley	Westerleigh Judokwai
2569	George Williams	Cry. Palace Fun Runners	2642	Jamie Yates	Eastbourne	2713	Mark Farley	Westerleigh Judokwai

2714 Betty Foggitt	bromley veterans ac	2747 Tony Lavender	Heathfield Road runners	2780 Michael Parsons	Eastbourne
2715 Aaron Foulsham	Bexhill	2748 Joe Lavery	Crawley Run Crew	2781 Katy Partington	Tri Tempo
2716 William Francis	London	2749 Danielle Lee	RunWednesdays	2782 Arthur Pepper	Hastings
2717 Jo French	Hastings runners	2750 Ian Lenn	Bexhill-on-Sea	2783 Josh Pickering	St. Leonards-on-Sea
2718 William Fry	Battle	2751 Ben Lewis-Donaldson	Bexhill-on-Sea	2784 Nancy Priestman	Hastings
2719 Dan Gorham	HY Runners	2752 Michael Lewry	Bexhill-on-Sea	2785 Josh Puttock	Hastings
2720 Jenna Harmer	HY Runners Hastings	2753 Jasper Leyman	Oudenaarde Fire Brigade	2786 Richard Quartermaine	T Wells Harriers
2721 Matthew Harmer	HY Runners Hastings	2754 Emma Livesey	Cranbrook	2787 Steven Riggs	Eastbourne Rovers Ac
2722 Michelle Hart	HY Runners Hastings	2755 Charlotte Long	Hailsham Harriers	2788 Josh Robinson	Hastings
2723 Vanessa Hawkins	Fairlight	2756 Holly Makin	Bexhill-on-Sea	2789 Shane Ryan	St. Leonards-on-Sea
2724 Keith Haynes	Ashford Striders	2757 Eleanor Marshall	St Leonards-on-Sea	2790 Andrew Sapsford	Bristol
2725 Luke Hazleton	Hastings	2758 Liz Mason	Bexhill-on-Sea	2791 Gary Saunters	Rye
2726 Pete Heasman	St. Leonards-on-Sea	2759 Michael Maxwell	Hastings Athletics club	2792 Kai Searle	Robertsbridge
2727 David Henry	Etchingham	2760 David Mayes	HY Runners	2793 Kader Seyed	London Heathside
2728 Michael Hickey	Basingstoke & Mid Hants AC	2761 Leon McCalvey	St. Albans	2794 Dan Showkum	Bexhill-on-Sea
2729 Alan Hide	Hailsham harriers	2762 Lewis McIntyre	Eynsford Running Club	2795 Kelly Sinfield	St. Leonards-on-Sea
2730 Francis Hobson	St. Leonards-on-Sea	2763 Ludovic Mesnier	London	2796 Lucie Smitalova	Hastings Runner
2731 Christopher Hogan	Hastings runners	2764 Marcin Miazga	Eastbourne	2797 Marshall Smith	Ashford AC
2732 Robert Holyoake	Totland Bay	2765 Karen Miles	St. Leonards-on-Sea	2798 Hugh Stevenage	Burgess Hill Runners
2733 Nick Howard	Eastbourne	2766 Ian Miller	Hastings	2799 Luke James Taylor	Crawley Saints & Sinners
2734 Jack Humbles	Hastings	2767 William Mills	Eastbourne	2800 Sam Taylor	St. Leonards-on-Sea
2735 Vince Ingrey	Borehamwood	2768 Gavin Moor	Battle	2801 Jack Trevena	Bexhill-on-Sea
2736 Rachael Inns	Hastings runners	2769 Ian Mulheim	Tunbridge Wells Harriers	2802 Samuel Trevena	Bexhill-on-Sea
2737 Peter Jaques	Seaford Striders RC	2770 Chris Mullaaley	Tunbridge Wells	2803 Nigel Tyndale	Sutton Striders
2738 Libby Johnstone	Hastings	2771 Jonathan Mullis	Hastings	2804 Iraklis Vachtanidis	Faker Run Club
2739 David Jones	Wadhurst Runners	2772 James Noon	Hastings	2805 Dave Verlander	Hastings
2740 Chris Jones	Hastings	2773 Antony Nuttall	Ashford	2806 Ben Wade	Bexhill-on-Sea
2741 Catherine Jones	Hastings runners	2774 Scott O'Rourke	Run Wednesdays	2807 Tracy watts	Heart and Sole Runners
2742 Gary Judges	Eastbourne	2775 Luke Ottley	Bexhill-on-Sea	2808 Robert Weighell	Wadhurst Runners
2743 Andrew Karlsson Venner	Worthing	2776 Hanna Ottley	St. Leonards-on-Sea	2809 Karen Weller	Hove Homets
2744 Natasha Keats	Heart & Sole Runners	2777 Craig Ottley	St. Leonards-on-Sea	2810 Suzanne Williams	Uckfield
2745 Cameron King	Maidstone	2778 Mark Ould	Chailly-Montreux	2811 James Winder	St. Leonards-on-Sea
2746 Terry Kitson	St. Leonards-on-Sea	2779 John Palmer	Haywards Heath	2812 Jack Wright	Rainham

## Congratulations on completing the race.

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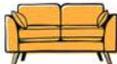
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# 32nd Hastings Half Marathon Mini Run 2024



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Entrants as at going to print  
Sunday 26th March 2024

Mini Run starts at 10.45a.m. from  
Promenade 200 metres West of the Pier  
and finishes at Half Marathon  
Finishing Line in Sea Road.



5001	Frankie Badrock	St.Leonards-on-Sea	5077	Max Goodson	Winchelsea	5151	Toby Paxton	Hastings
5002	Harry Barham	St.Leonards-on-Sea	5078	Halle Gorham	Hastings	5152	Zach Paxton	Hastings
5003	Isaac Barker	St.Leonards-on-Sea	5079	Oliver Gorham	Hastings	5153	Winston Pemberton Powell	Hastings
5004	Mya Beaumont	St.Leonards-on-Sea	5080	Mya Gower	St.Leonards-on-Sea	5154	Wren Pemberton Powell	Hastings
5005	Max Beaumont	St.Leonards-on-Sea	5081	Lewis Gurling	Horsham	5155	Buddy Pepper	Hastings
5006	Maya Beckett	St.Leonards-on-Sea	5082	Kylie Bluejay Hallett	St.Leonards-on-Sea	5156	Woody Pepper	Hastings
5007	Lily may Benton	St.Leonards-on-Sea	5083	Livka Hanson	Hastings	5157	Tadhg Pitts	Hastings
5008	Carlo Bigg	Hastings	5084	Luke Harding-dowling	Hastings	5158	Florence Preston	Hastings
5009	Abraham Blakey-Novis	Newhaven	5085	Isobel Harding-dowling	Hastings	5159	Albie Preston	Hastings
5010	Zoe Lauren Bolton	St.Leonards-on-Sea	5086	Ella Harman	Brighton	5160	James Richardson	Maidstone
5011	Archie Brassell	Hastings	5087	Herbie Harris	Hastings	5161	Helen Richardson	Maidstone
5012	Luca Bray-Hopkins	Battle	5088	Isabelle Hart	Hastings	5162	Rufus Robertson	Hastings
5013	Thea Bray-Hopkins	Battle	5089	Eva Harwood	Bexhill-on-Sea	5163	Joel Robins	St.Leonards-on-Sea
5014	Harlan-Rain Bridgeland	St.Leonards-on-Sea	5090	Ted Hodges	Hastings	5164	Joseph Robins	St.Leonards-on-Sea
5015	Ivy Buchanan	St.Leonards-on-Sea	5091	Megan Hopkins-Parry	St.Leonards-on-Sea	5165	Dominic Rockett	Bexhill-On-Sea
5016	Tera Buckland	St.Leonards-on-Sea	5092	Popy Hornsby	Hastings	5166	Freddie Salmons	Hastings
5017	Cobey Buckley	Hailsham	5093	Amy Hunneman	St.Leonards-on-Sea	5167	Freya Selby	Hastings
5018	Caleb Buckley	Hailsham	5094	Leonor Iglesias-Johnson	Hastings	5168	Athena Selby	Hastings
5019	Monika Bukauskaite	St.Leonards-On-Sea	5095	Robertta Iglesias-Johnson	Hastings	5169	Alfred Serrano	Bexhill-on-Sea
5020	Spencer Bushell	Hastings	5096	Harrison Izzard	Hastings	5170	Lucienne Simkiss-Day	Rye
5021	Roxy Casey	Hastings	5097	Delilah Jacobs	St.Leonards-on-Sea	5171	Dexter Smith	Bexhill-on-Sea
5022	Honor Casselton Elliott	Guestling	5098	Lexi Jennings	Hastings	5172	Adam Smith	Hastings
5023	Seb Chapman	Battle	5099	Leo Karczewski	St.Leonards-on-Sea	5173	Sophie Smith	Hastings
5024	Alfie Chapman	Wadhurst	5100	Sophia Kazlauskas	ThorntonHeath	5174	Harry Smith	Bexhill-on-Sea
5025	Isambard Charlton	St.Leonards-on-Sea	5101	Theodore Kearns	EastSussex	5175	Mia Smith	Bexhill-on-Sea
5026	Isac Christiansen	Hastings	5102	Dylan Kerwick	London	5176	Elizabeth Spilleit	Chatham
5027	Fiona Clark	Horsham	5103	Timothy Kokes	KingstonuponThames	5177	Edward Spilleit	Chatham
5028	Penelope Clayton	Hastings	5104	Dora Land	Hastings	5178	Leo Stiles	Bexhill-on-Sea
5029	Grace Coates	Chatham	5105	Aiden Larkin	Hastings	5179	Oscar Strivens	Bexhill-on-Sea
5030	Sophia Collins	St.Leonards-On-Sea	5106	William Lawson	Hailsham	5180	Emilia Strivens	Bexhill-on-Sea
5031	Olivia Collins	St.Leonards-On-Sea	5107	Willow Lee	Hastings	5181	Henry Sully	Hastings
5032	James Connor	Bexhill-on-Sea	5108	Jessica Lewit Alonso	Hastings	5182	George Taylor	St.Leonards-on-Sea
5033	Tiggy Cooper	Hastings	5109	Mia Long	Polegate	5183	Mary Taylor	St.Leonards-on-Sea
5034	Starley Courtland-Smith	St.Leonards-On-Sea	5110	Lucius Loureiro	Hastings	5184	Bella Taylor	Bexhill-On-Sea
5035	Alice Cox	Hastings	5111	Iris Florenzia Lumssen	Hastings	5185	Florence Tewkesbury	Hastings
5036	Avery Coxhead	Hastings	5112	Arthur MacLean	Hastings	5186	Parker Thomas	Hastings
5037	Ethan Creasey	St.Leonards-on-Sea	5113	Olive MacLean	Hastings	5187	George Thompson	Hastings
5038	Darcee Cripps	Hastings	5114	Michael Mansell	Hastings	5188	Annie Thompsett	Hastings
5039	Janka Csikos	Peacehaven	5115	Jake Marchant-Hawes	Hitchin	5189	Finn Todhunter	Bexhill-On-Sea
5040	Archie Custerson	Hastings	5116	Heather Marchant-Hawes	Hitchin	5190	Elliot Toon	MeltonMowbray
5041	Eddie Davis	Hastings	5117	Leo Martin	Hastings	5191	Jessica Toon	MeltonMowbray
5042	Laurie Davis	Hastings	5118	Rory Martin	Hastings	5192	Robin Tucker	Tenterden
5043	Hannelore De Smet	Oudenaarde-Eine	5119	Noah Mayhew	St.Leonards-On-Sea	5193	Sadie Tunbridge	St.Leonards-On-Sea
5044	Barnaby Denham	Rye	5120	Demelza McCrae	Bexhill	5194	Imogen Vaughan	Oxted
5045	Ella Dipple	St.Leonards-On-Sea	5121	Kesenia McCrae	Bexhill	5195	Joe Vaughan	Oxted
5046	Laura Dobinson	Hastings	5122	Layla McCrae	Bexhill	5196	Eben Waughman	St.Leonards-on-Sea
5047	Denny Docherty	Hastings	5123	Elsa McSweeney	St.Leonards-on-Sea	5197	Theo Weston	Hastings
5048	Chloe Drake	St.Leonards-on-Sea	5124	Rose Mead	Hastings	5198	Kai White	Dartford
5049	Finlay Drew	Rye	5125	Chloe Middleton	Bexhill-On-Sea	5199	Jasper Young	Hastings
5050	Cali Drew	Rye	5126	Thomas Mills-Pietri	Rye		Phee Carman	Winchelsea
5051	Finlay Eason	Brighton	5127	Isabella Morgan	Robertsbridge		Elsie Harmer	HASTINGS
5052	Freya Eason	Brighton	5128	William Morgan	ChippingNorton		Bradley Morgan	Hastings
5053	Hallivell Edge	St.Leonards-on-Sea	5129	James Morgan	ChippingNorton		Bradley Pattinson	Hastings
5054	Dewi Edwards	St.Leonards-on-Sea	5130	Pippa Morley	Cranbrook		Layla Harmer	HASTINGS
5055	Rosie Ferguson	St.Leonards-on-Sea	5131	Bertie Morrison	Borden		Thais Burnett	Hastings
5056	Bianca Fonseca	Hastings	5132	Ava Morrissey	St.Leonards-on-Sea		Nathan Bokani Nsumiwa	St.Leonards
5057	Ashley Ava Fox-Tuck	Battle	5133	Theo Morton	Hastings		Rileigh Dumoluhle Nsumiwa	St.Leonards
5058	Jan Frala	Hastings	5134	Demil Morton	Hastings		Rosa Paine	Hastings
5059	Zak Frala	Hastings	5135	Sophia Mustafa	Hastings		Indie Horsman	Hastings
5060	Oscar France-Fleitas	Hastings	5136	Romy Nazer	Southminster		Isia Horsman	Hastings
5061	Naomi France-Fleitas	Hastings	5137	Cara Nazer	Southminster		Dexter Cahill	St.Leonards-on-Sea
5062	Elodie Frere-Smith	Battle	5138	Loe Nazer	Southminster		Luther Stainton hallett	Hastings
5063	Isia Frere-Smith	Battle	5139	Charlotte Newbury	Battle		Lily may Benton	Hastings
5064	Charlie Funnell	St.Leonards-on-Sea	5140	Henry Norris	Hastings		Alexander Lee	Hastings
5065	Rose Gadsden	Winchelsea	5141	Jack O'connor	Hastings		Deiliah Hayden	Hastings
5066	Ralphy Gale	Rye	5142	Ellie O'connor	Hastings		Esmée Loving-Price	St.Leonards-on-Sea
5067	Joey Gale	Rye	5143	Ethan O'Leary	St.Leonards-on-Sea		Mabi Benwyn	Hastings
5068	Stanley Gardner	St.Leonards-on-Sea	5144	Stanley Oakman	Hastings		Emily Benwyn	Hastings
5069	Ellen Gates	Hastings	5145	Evie Oakman	Hastings		Samuel Halsey-Carter	St.Leonards-on-Sea
5070	George Giles	St.Leonards-On-Sea	5146	Nicent Ormond	Hastings		Jacob Halsey-Carter	St.Leonards-on-Sea
5071	Oscar Giles	St.Leonards-On-Sea	5147	Noah Palmer - Allan	Hastings		Oliver Halsey-Carter	St.Leonards-on-Sea
5072	Feame Goodsell	Hastings	5148	Jaxon Parrish	St.Leonards-on-Sea		Oliver Stent	Hastings
5073	Bill Goodsell	Hastings	5149	Riley Parrish	St.Leonards-on-Sea			
5076	Joshua Goodson	Winchelsea	5150	Blake Parrish	St.Leonards-on-Sea			

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