

Hastings Lions Club proudly present



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The 20<sup>th</sup> Hastings Half Marathon

# Mini-run

Registered Charity No: 293745 - all monies raised go to help those less fortunate

Assisted by Hastings Athletic Club, Sussex Athletics and Hastings Runners, and fully supported by Hastings Borough Council

# Sunday 21 March 2010

**Girls Start 10:40 am**

**Boys Start 10:50 am**

For young runners between 11 and 16 years of age

The length of the course is approximately 2.5 km and all finishers will receive a medal. Refreshments, toilets and medical facilities will be available in the finishing area.

## Medal for all finishers

**PLEASE READ THESE NOTES CAREFULLY.** Thank you for entering the 20th Mini-run, which we hope will be an enjoyable and memorable experience. Your race number is enclosed, please look after it. You must fix it to the front of your running vest. A computer chip is attached to your race number to get your correct time. **DO NOT REMOVE THIS CHIP.**

### DO NOT FORGET YOUR NUMBER AND SAFETY PINS

**Distance:** the race will be held over a 2.5km course on Hastings seafront.

**Start:** on the upper promenade level with breakwater 29, opposite Moreton Mansions, approximately 200 metres west of Hastings Pier. **Please note new split starting times for Boys and Girls.**

**Finish:** Level with lamp-post number 4, the Half Marathon finish, Sea Road, St Leonards-on-sea.

**Changing:** There are no changing facilities at the start and competitors are expected to come ready changed apart from track suits and outer protective clothing. Clothing will be transported from the start to the finish if required. To take advantage of this facility the clothing must be placed in suitable bag and marked with a label bearing the name and race number of the competitor. The marked bag must be placed in the transport provided which will be parked in the road near the start area. It is the runners responsibility to ensure that they allow sufficient time to deposit their bag in the transport and report to the starting line in time for the start. It is strongly recommended that no valuables are placed in the bags as although every care will be taken it must be realised that the organisers cannot be held responsible for any subsequent loss. After the race, bags may be collected from the transport which will be parked in Seaside Road by the Old Bathing Pool site, on production of their race number.

## Unique souvenirs of the event available for sale in marquee on race day or by post

### Hastings Half Marathon Embroidered Quality Towels - £10.00

Lions Sweatshirt	£10.00	Hastings Half Marathon Fridge Magnet	£1.50 (4 for £5.00)
Lions T Shirt	£6.00	Hastings Half Marathon Key Fob	£0.99 (4 for £3.50)
Mugs - NEW Design	£4.95	Hastings Half Marathon Coasters	£0.99 (6 for £5.00)
Tea towels	£6.00	Hastings Half Pint Tankards	£3.75 (4 for £12.50)
Badges	£1.00	Hastings Half Whiskey Glass	£2.99 (4 for £9.00)
Pens	£1.00	Hastings Half Shot Glass	£1.60 (4 for £5.50)
Martingales (single)	£2.00	Hastings 100th Anniversary Marathon DVD NEW	£10.00
Martingales (double)	£3.00		
Martingales (4)	£5.00		
Martingales (6)	£7.00		
Martingales (8)	£9.00		

### **Due to Great Demand from Hastings 100th Anniversary Marathon -**

Set of 7 Postcards of Photos from 1908 Marathon.

£3.50 per pack, or three for £10. Plus £1 postage.

Glass items to collect on day, or at prize giving. Or arrange price for delivery. Other items please add £2.00 for P&P when ordering. You can order through our website, [www.hastings-half.co.uk](http://www.hastings-half.co.uk), by email from [racedirector@hastings-half.co.uk](mailto:racedirector@hastings-half.co.uk) or from the following address: **Hastings Lions Club, 219 Harley Shute Road, St Leonards-on-Sea, East Sussex TN38 9JJ** or by fax: **01424 437001**

**You can now order and buy 'online' all souvenirs at  
[www.hastings-half.co.uk](http://www.hastings-half.co.uk) - Make Good Presents!!**

**26th Birthday T-shirts and sweatshirts with the names of entrants on the back will be available on the day of the race.** These can be ordered in advance from **Campus Clothing** (Website: [www.campusclothing.co.uk](http://www.campusclothing.co.uk) Tel: 08708 032857 E-mail: [rachel@campusclothing.co.uk](mailto:rachel@campusclothing.co.uk)).

Lions of Hastings have joined JUSTGIVING to make fund raising easy and fun.

Thanks to the internet NO MORE fussing around with cheques and paper sponsorship forms just go to [www.justgiving.com/lionsofhastings/raisemoney](http://www.justgiving.com/lionsofhastings/raisemoney) and follow the easy to follow instructions to create a fundraising page, email it out to friends and your supporters donate online. Anyone can do it - Race Director Eric did and is now a big fan.

EVEN better news for tax payers JUSTGIVING reclaim Gift Aid on all donations made by UK taxpayers which increases your donation by almost 20%!

**Toilets:** Available near the start

**Finish:** After crossing the line **please keep moving** you will be channelled through a funnel where your medal will be presented to you. You will be requested to keep moving to collect your drink, then meet up with family and friends. **Please do not congregate in the finishing area** as preparations for the finish of the Half Marathon will be going on. Please collect all baggage from the van ASAP.

**Prizes and Awards:** Every competitor will receive a special commemorative medal at the finish, generously supplied by Manor Insurance.

The leading girl and boy in the Mini-run will receive an award at the prize giving after the Half Marathon at 12:30pm sharp on the stage at the end of the promenade. School Team Awards (Team of 4) and the first three in each of the following six groups will receive awards at the prize giving on **Sunday 2nd May at 7:00pm, AZUR at the Marina, St. Leonards, TN38 0BD**. All are welcome to this FREE EVENING.

Girls	15-16 years	Boys	15-16 years
Girls	13-14 years	Boys	13-14 years
Girls	11-12 years	Boys	11-12 years

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**Photographs:** ASI Photo is proud to be the Official Photographers for the 26th Hastings Half Marathon. We will have photographers positioned along the route to capture photos of you during your run. Please ensure your race number is visible at all times and be sure to visit [www.asiphoto.com](http://www.asiphoto.com) after the race to view and order your race photos!

**ASIPHOTO**  
PROFESSIONAL SPORTS PHOTOGRAPHY

**Free Finishers Certificate:** Can be downloaded from [www.asiphoto.net](http://www.asiphoto.net)

Best of luck and we'll see you at the finish line!

**Results:** A special "Photo" Edition will be available in The Hastings & St Leonards Observer, you can order a copy by going to [www.hastingsobserver.co.uk](http://www.hastingsobserver.co.uk). All finishing positions and times will be included. Results can also be found on our Website: [www.hastings-half.co.uk](http://www.hastings-half.co.uk).

**Programmes:** These can be obtained by producing your race number at the Start/Finish area; Hastings Observer offices; selected newsagents and sports shops from 18th March.

**Sponsorship:** Sponsorship is, of course not mandatory and there are many demands made upon parents in this connection. However, forms are enclosed and those wishing to participate may collect for their own charity or the Hastings Lions causes for this year.

Your medals can be engraved with your name and time by local sports shops.

**Souvenirs:** Will also be available for sale - see enclosed - on the day in Race Marquee, at the prize giving or by post - See overleaf.

## PRE RACE PASTA PARTY

at THE AZUR (Marina Seafront)

Race Eve 20th March 7pm to Midnight.

*All you can EAT from a Fabulous Selection for only £9.95per person (in advance)*

**MUSIC-DANCE-FOOD-FILMS OF PAST-EVENTS-INTERVIEWS-FRIENDS**  
*(and something to drink)*

*Come and have an enjoyable and entertaining Evening before The Big Day!*

Click Here or visit [www.hastings-half.co.uk](http://www.hastings-half.co.uk), or contact Azur Direct at 0845 812 1066 or e.mail [dthorpetracey@aol.com](mailto:dthorpetracey@aol.com) to Book Your Tickets NOW. Limited Availability. Tickets on Night (if available) £10.95.

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CUCINA  
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The  
*Italian*  
Way

**10% discount if  
you bring in your  
race number.**

The Discount covers a table of up to 4 persons. Valid the week running up to the marathon including Sunday.

